

Vineland Department of Health

Behavioral Risk Factor Surveillance System (BRFSS) Comparisons to New Jersey and National Data

**Presented By:
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January 31, 2008**

Methodology

- A total of 490 individuals who reside in the city of Vineland, New Jersey were interviewed by telephone to assess their health practices and health status.
- The number of completed interviews yields a response rate of 22.2%* and an overall error rate of +/- 4.4% at a 95% confidence level.
- Interviews were conducted between December 4, 2007 and December 21, 2007. Each interview lasted approximately 12-15 minutes depending upon what criteria were met by the respondents.

*Based upon the response rate calculation defined by CASRO.

Respondent Demographics

ZIP Code

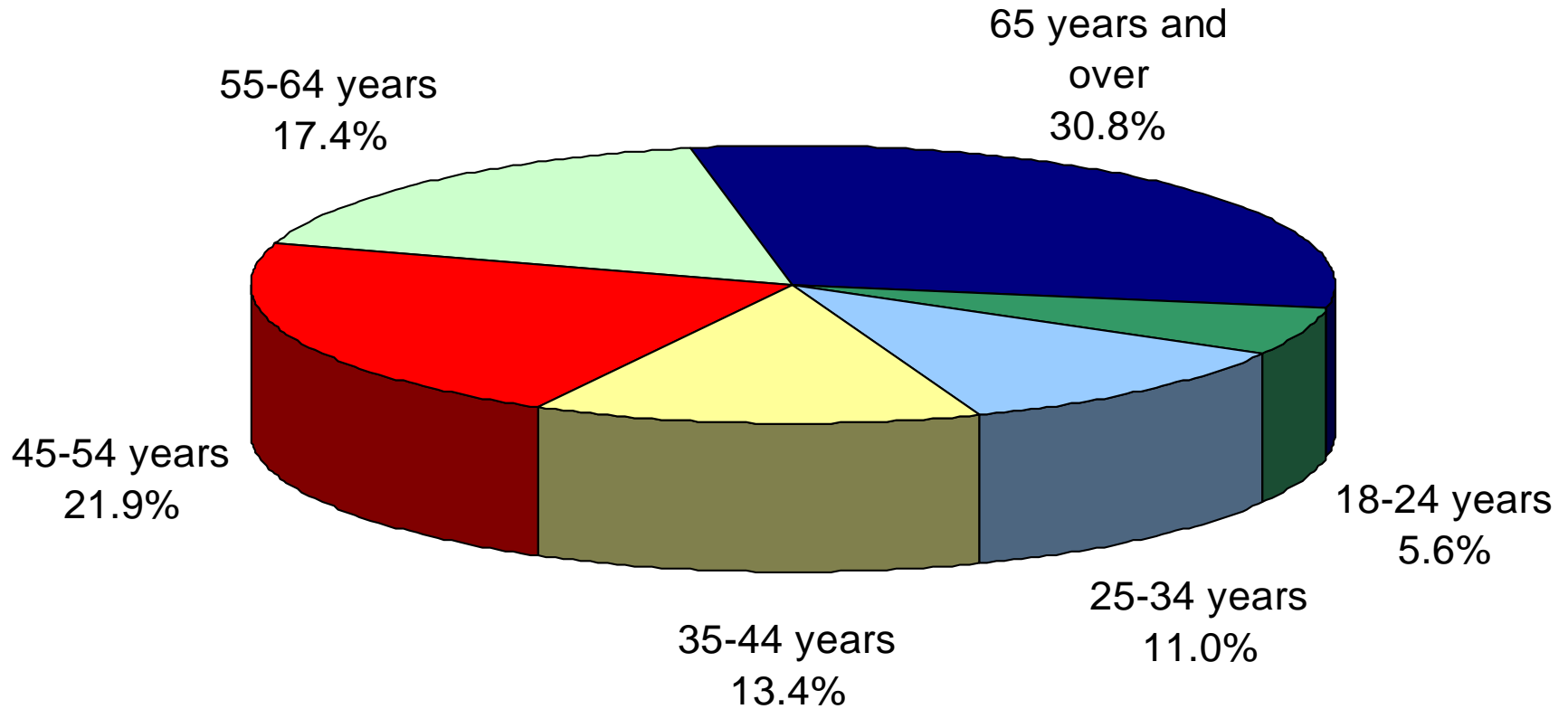
ZIP Code	Number of Respondents
08360	323
08361	167
TOTAL	490

Gender

Gender	Vineland BRFSS 2007	City of Vineland*
Male	37.0%	51.1%
Female	63.0%	48.9%

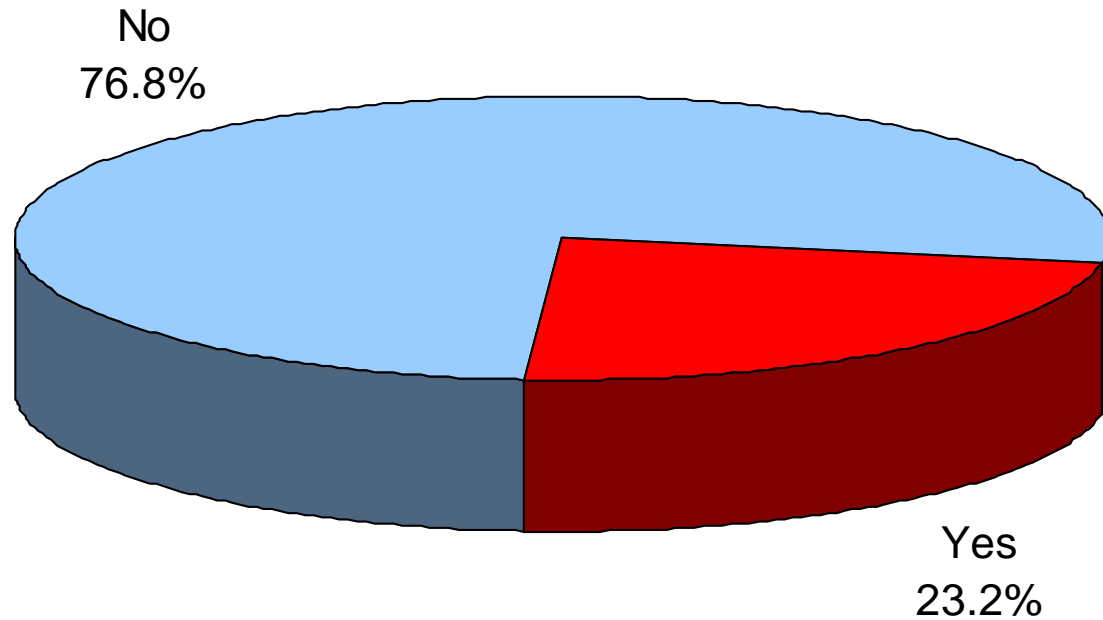
*Per the 2000 U.S. Census

Age Range



N=484

Are you Hispanic or Latino?



N=487

Race/Ethnicity

Race/Ethnicity*	Vineland BRFSS 2007	City of Vineland^
White	69.2%	67.5%
Hispanic or Latino**	23.2%	30.0%
Black or African American	10.2%	13.6%
Asian	1.4%	1.2%
American Indian or Alaska Native	0.8%	0.0%
Native Hawaiian or Other Pacific Islander	0.0%	0.0%
Other	13.1%	17.7%

*Note: Race alone or in combination with one or more other races.

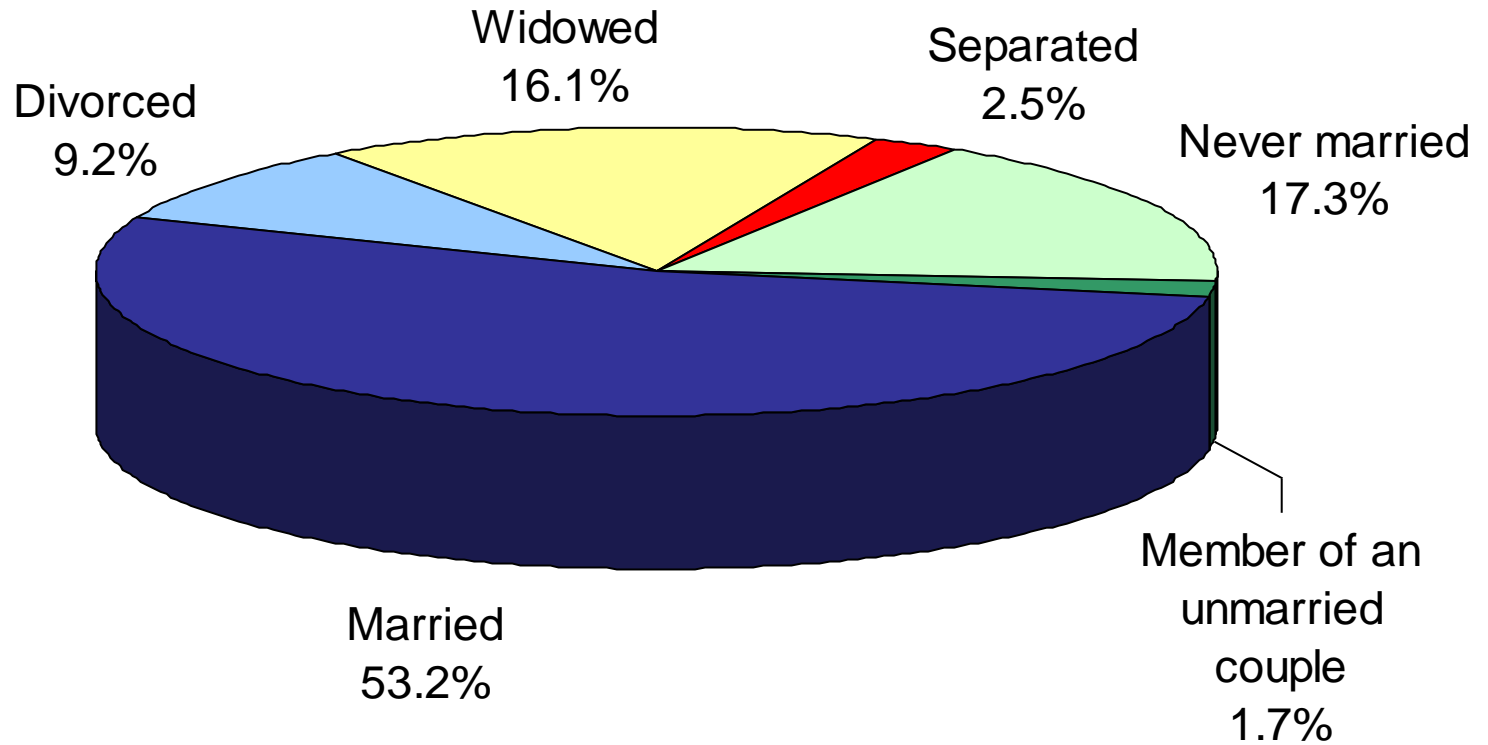
**Note: Can be of any race.

^Per the 2000 U.S. Census

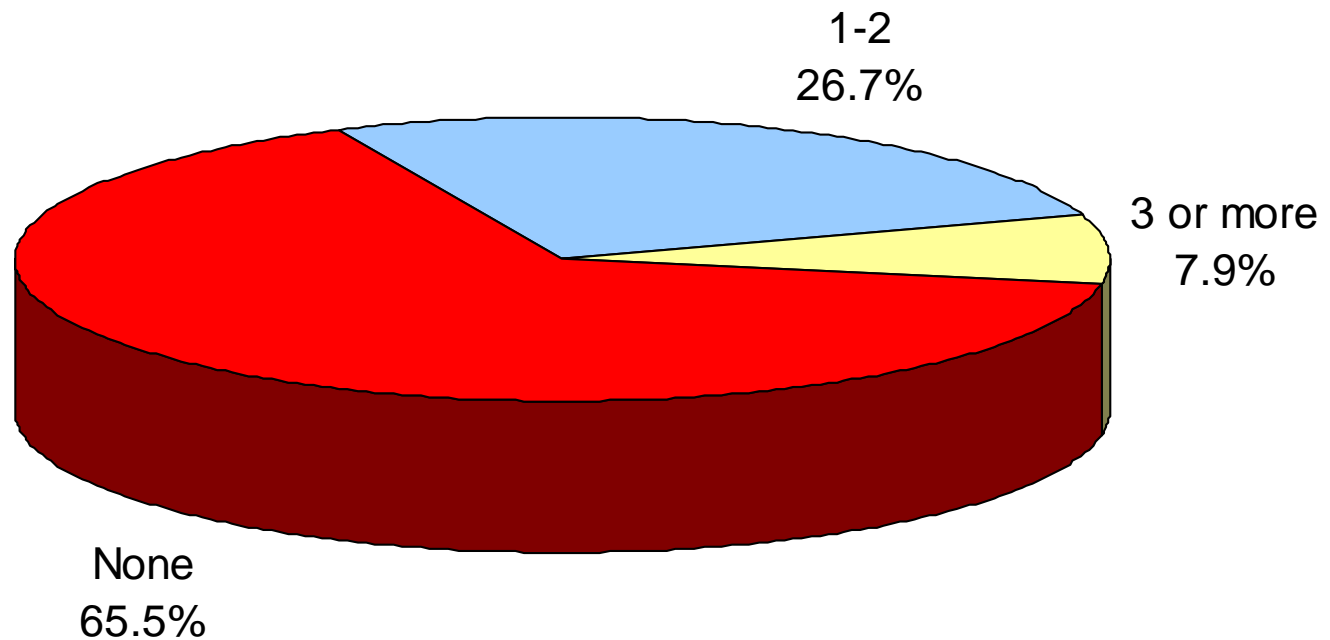
Responses given for “Other” race

Response	Frequency
Hispanic	30
Puerto Rican	9
Mexican	4
Latino	2
Spanish	2
American Ukraine	1
Black/Spanish	1
Caucasian	1
Italian	1
Pakistani	1

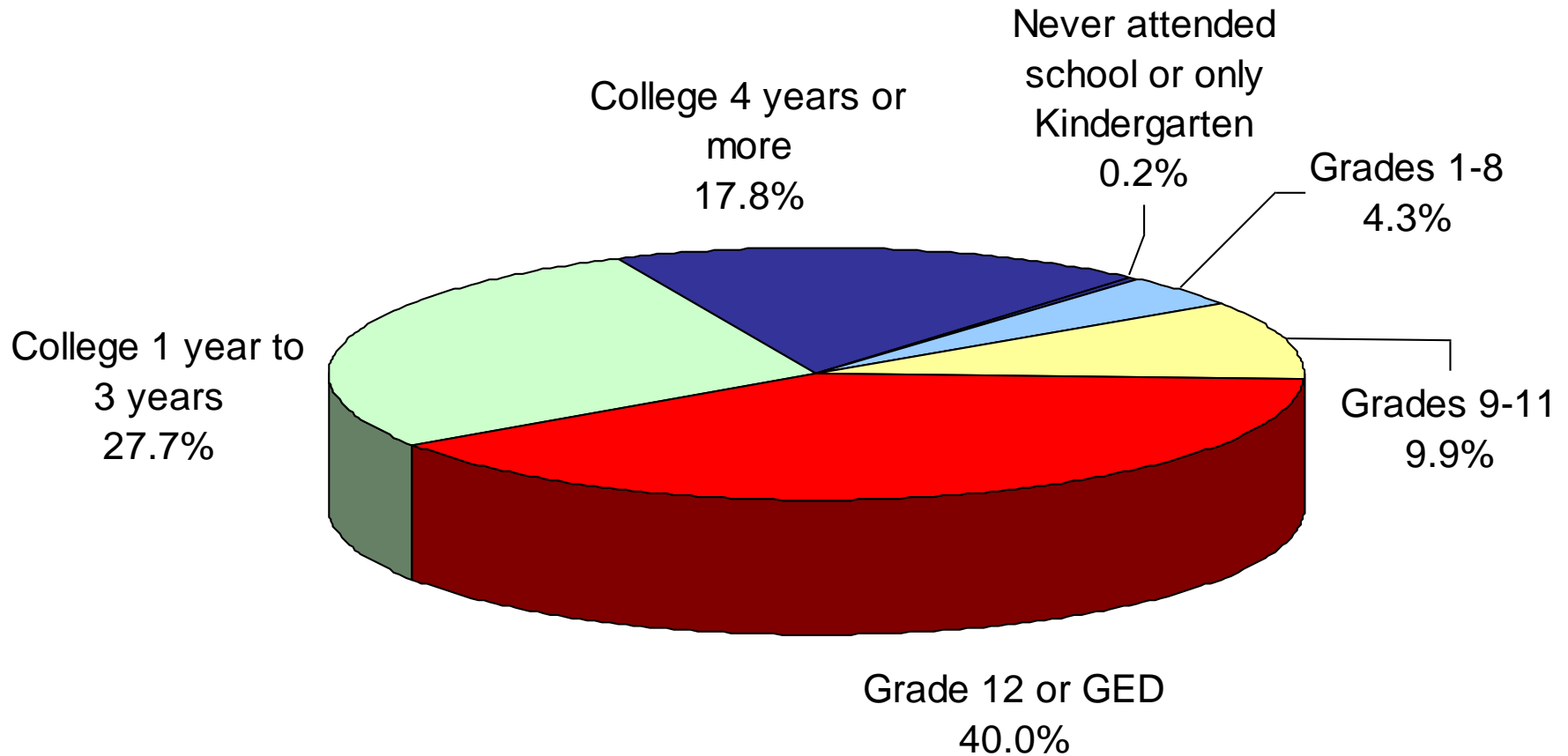
Marital Status



Number of children in household who are less than 18 years old

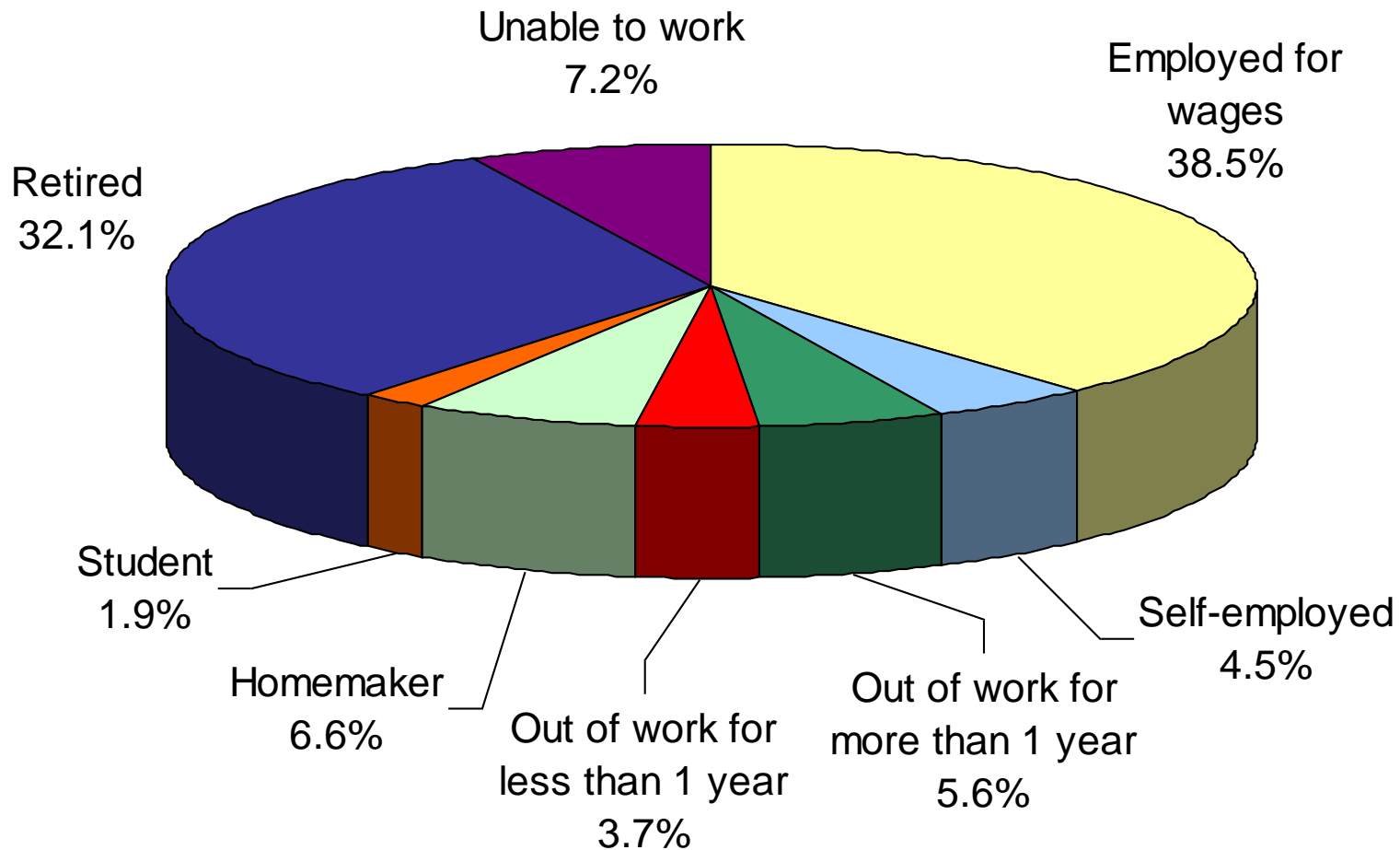


Highest grade or year of school completed



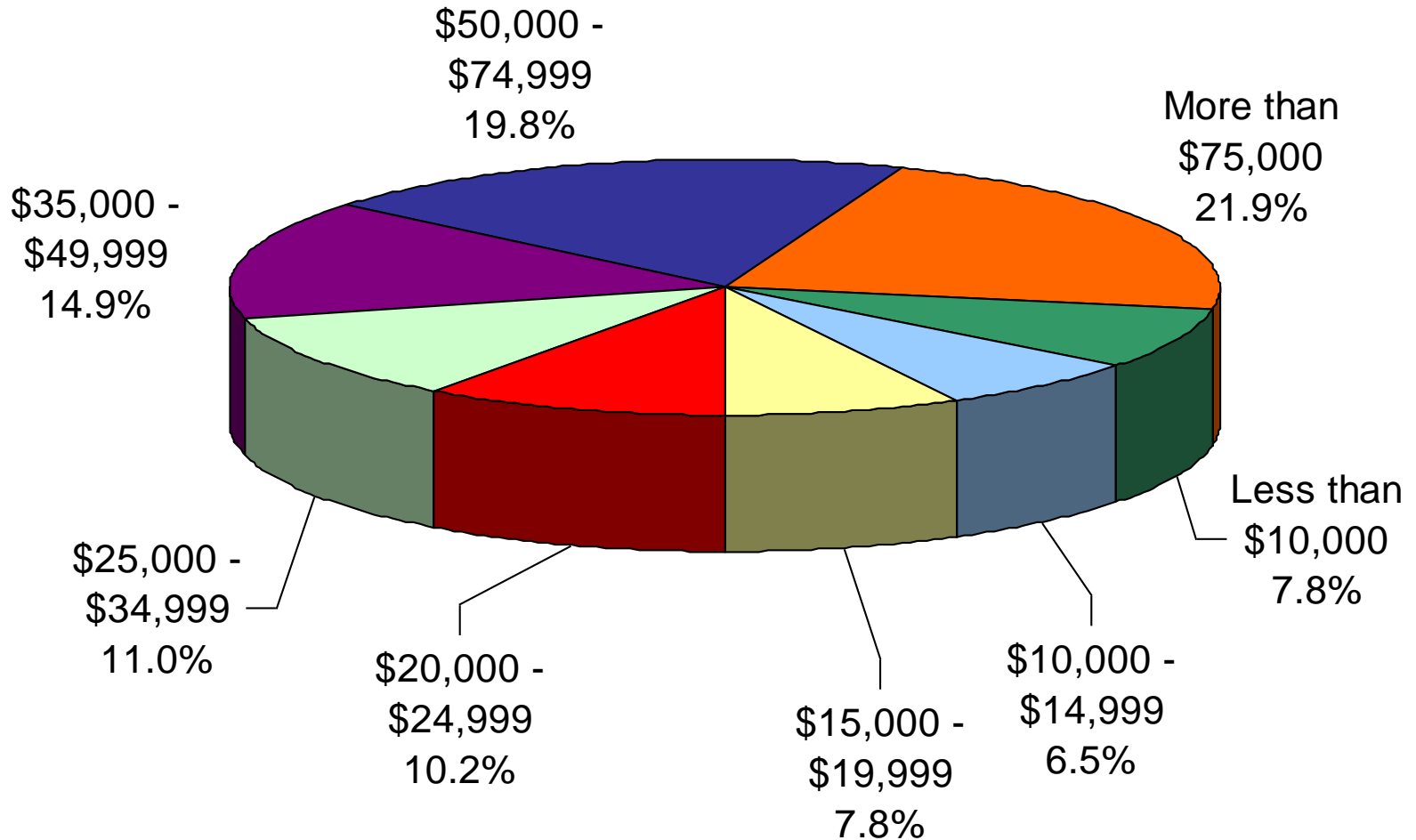
N=483

Work Status



N=486

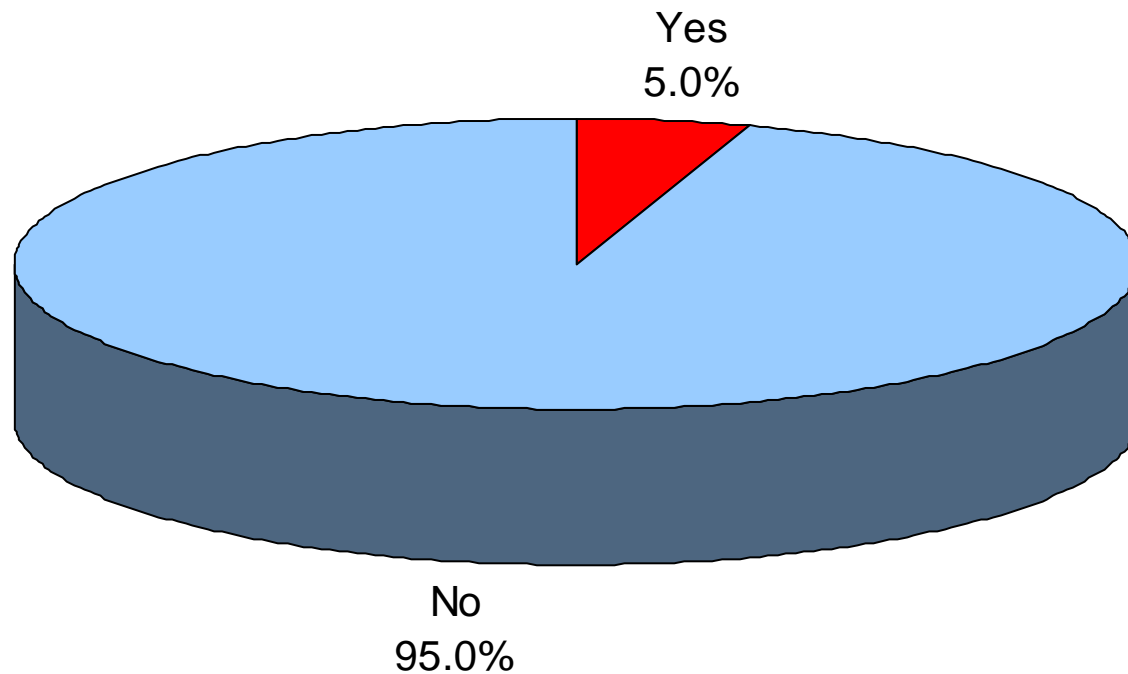
Annual household income from all sources



N=383

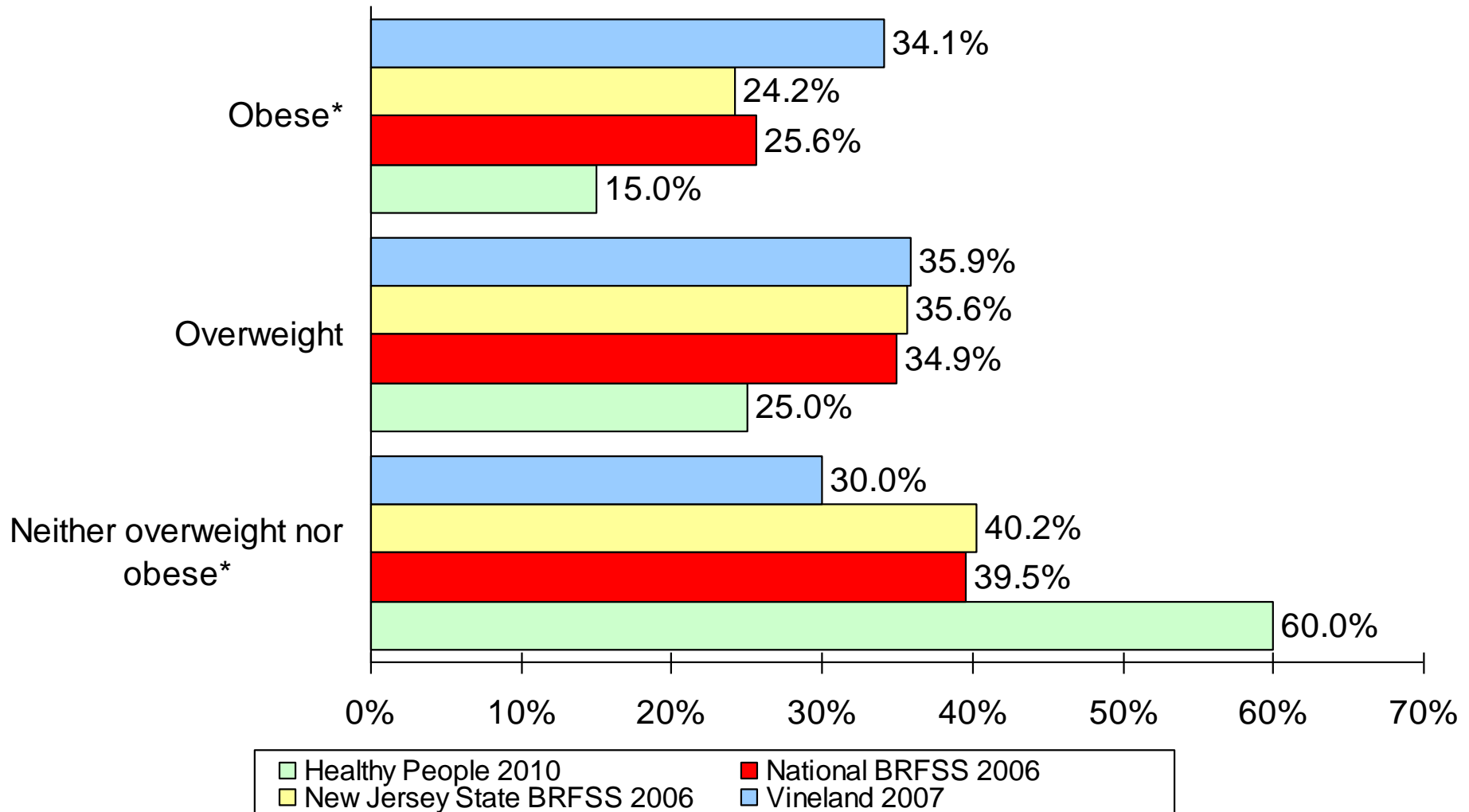
To your knowledge, are you now pregnant?

All Females



Body Mass Index (BMI)

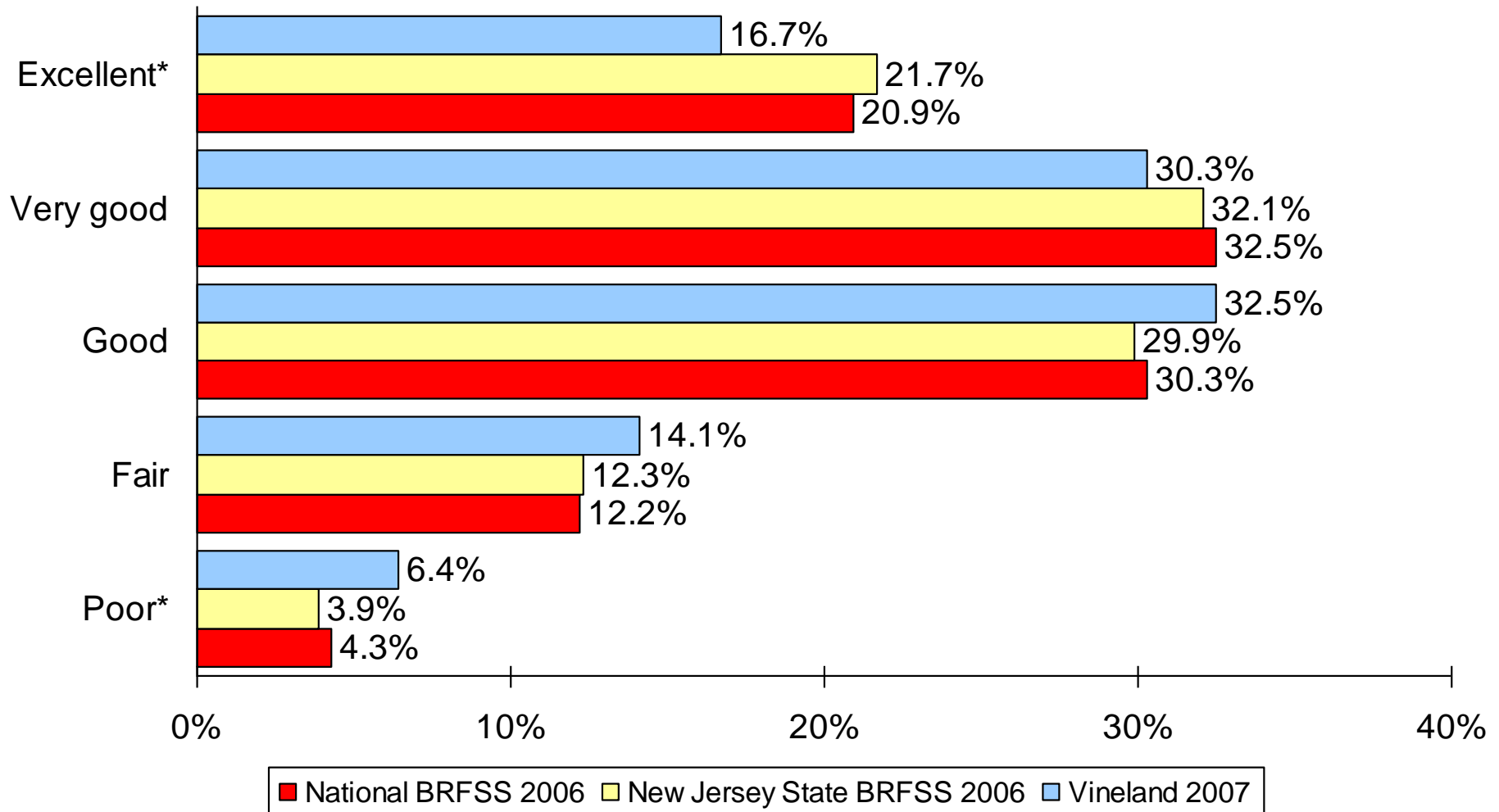
Frequency of responses



*Note: Vineland is significantly different from New Jersey and National comparisons.

Health Status

Would you say in general that your health is...?



*Note: Vineland is significantly different from the New Jersey comparison.

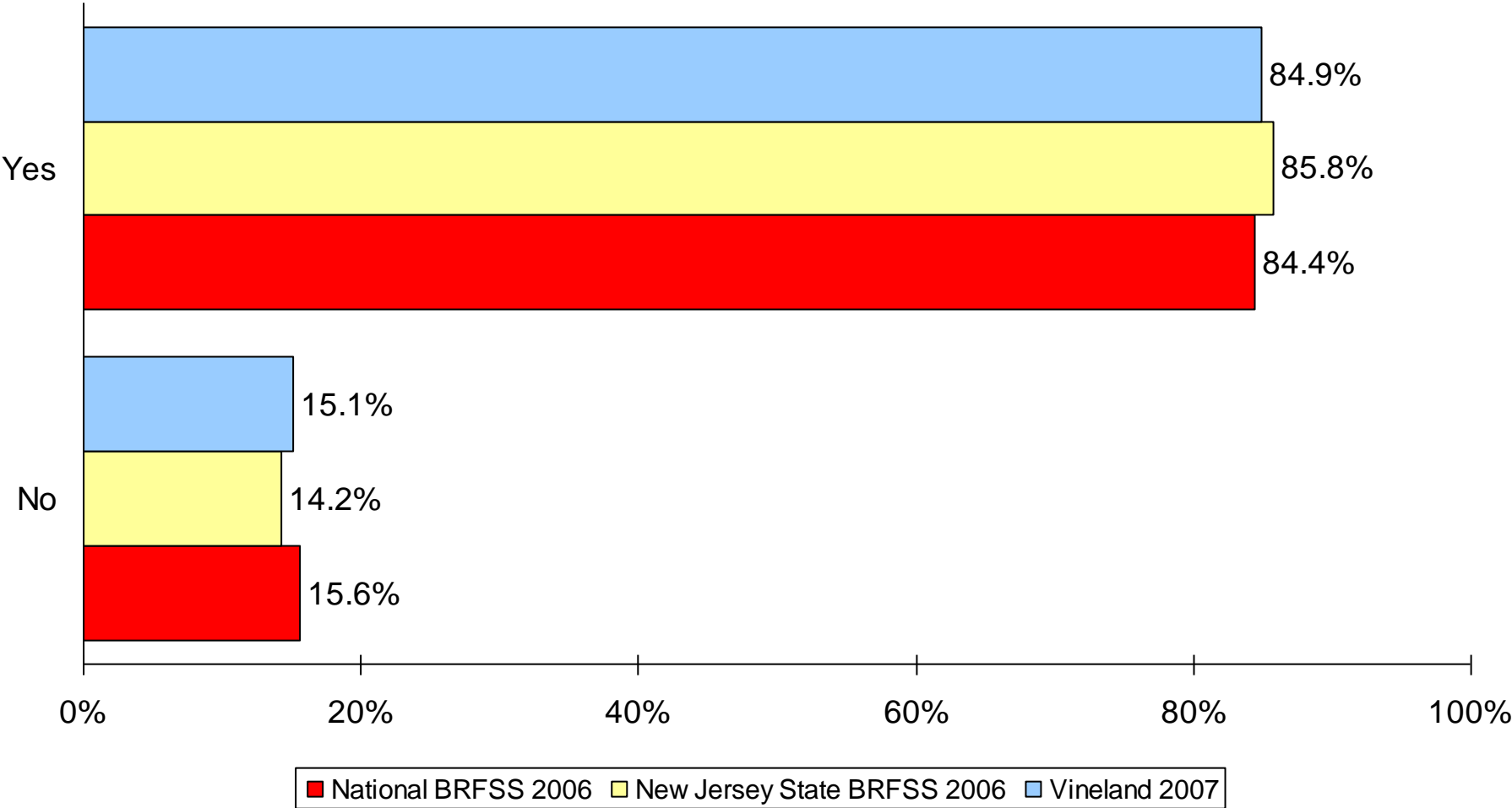
Statistically Significant Differences By Gender

Health Status

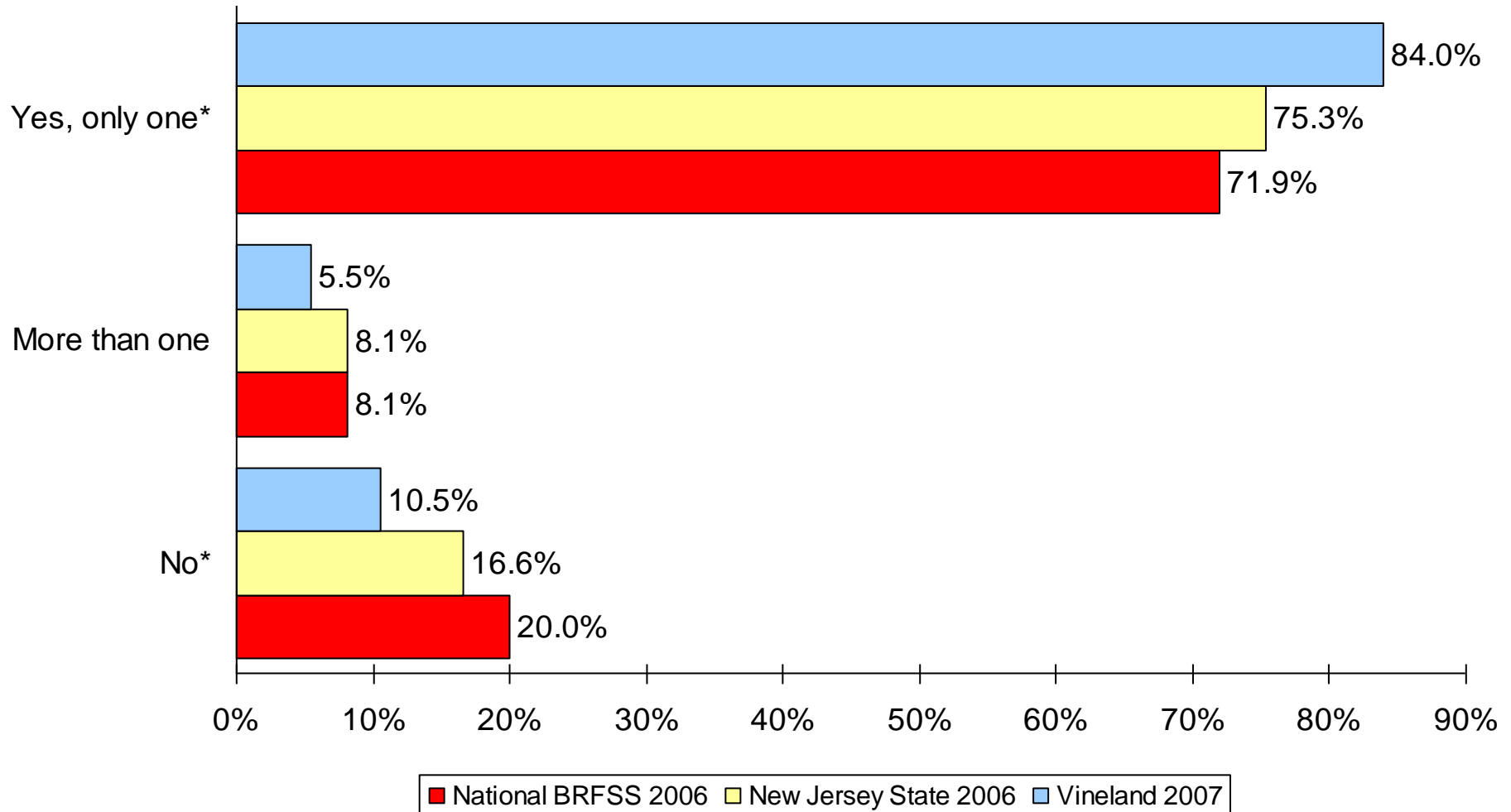
- Men are more likely to report that their general health is “Excellent” or “Very good.”
- Women are more likely to report that their general health is “Good.”

Health Care Access

Do you have any kind of health care coverage?

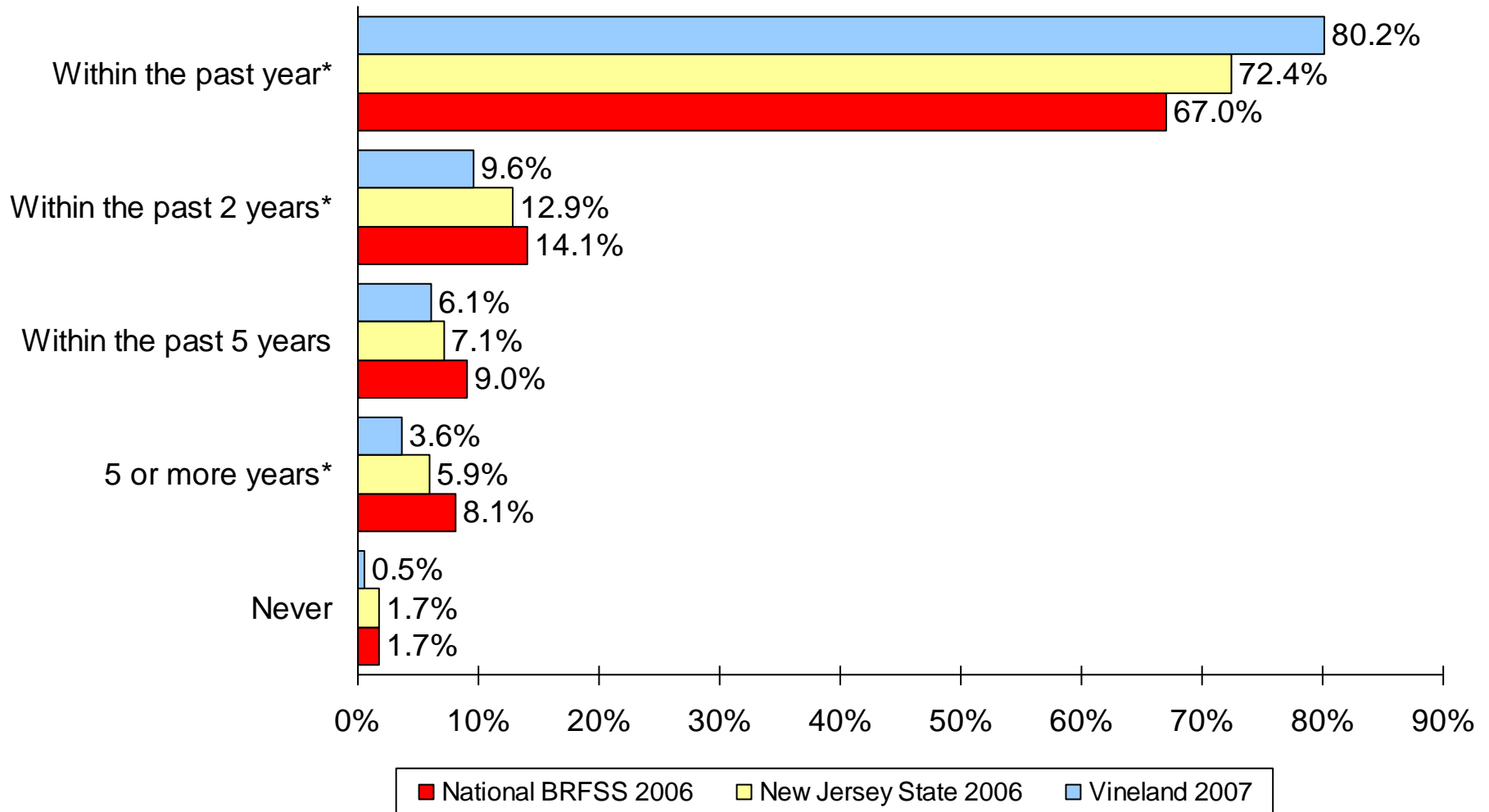


Do you have one person you think of as your personal doctor or health care provider?



*Note: Vineland is significantly different from New Jersey and National comparisons.

How long has it been since you last visited a doctor for a routine checkup?



*Note: Vineland is significantly different from New Jersey and National comparisons.

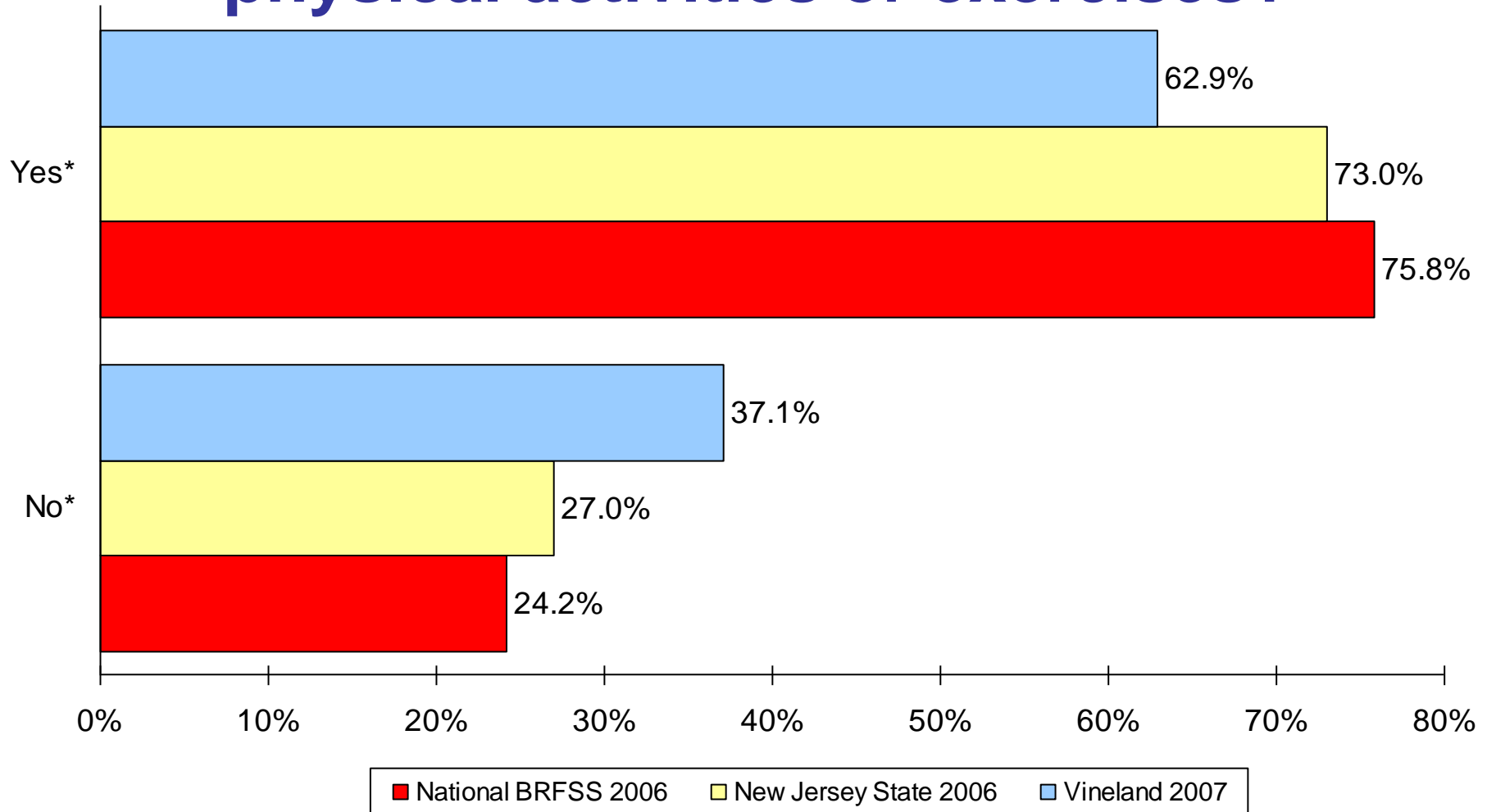
Statistically Significant Differences By Gender

Health Care Access

- Women are more likely to report that they have some kind of health care coverage.
- Women are more likely to report that they have only one personal doctor or health care provider.
- Men are more likely to report that they have no personal doctor or health care provider.

Exercise

During the past month, other than your regular job, did you participate in any physical activities or exercises?



*Note: Vineland is significantly different from New Jersey and National comparisons.

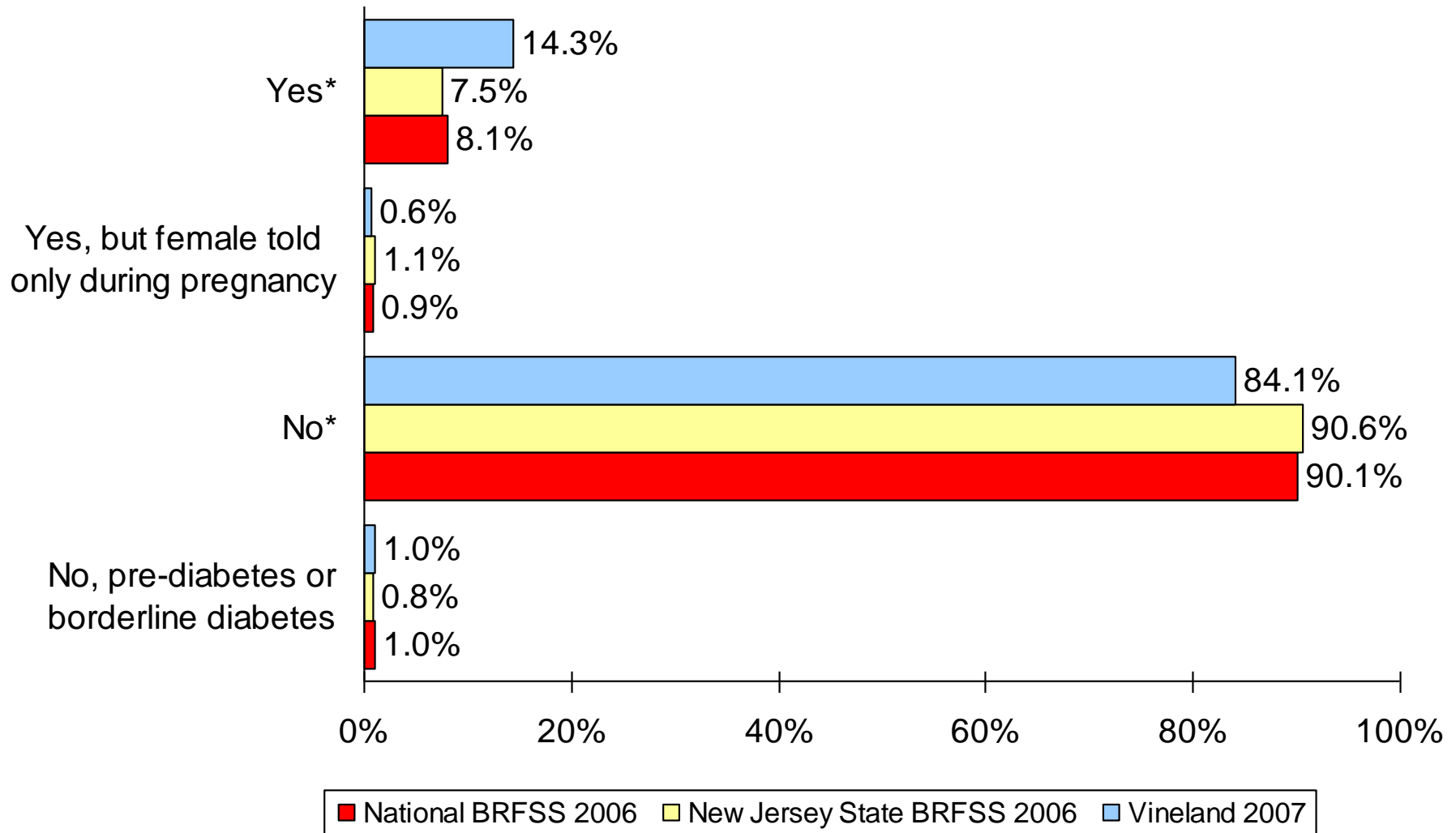
Statistically Significant Differences By Gender

Exercise

- Men are more likely to report participation in physical activities or exercises during the past month.

Diabetes

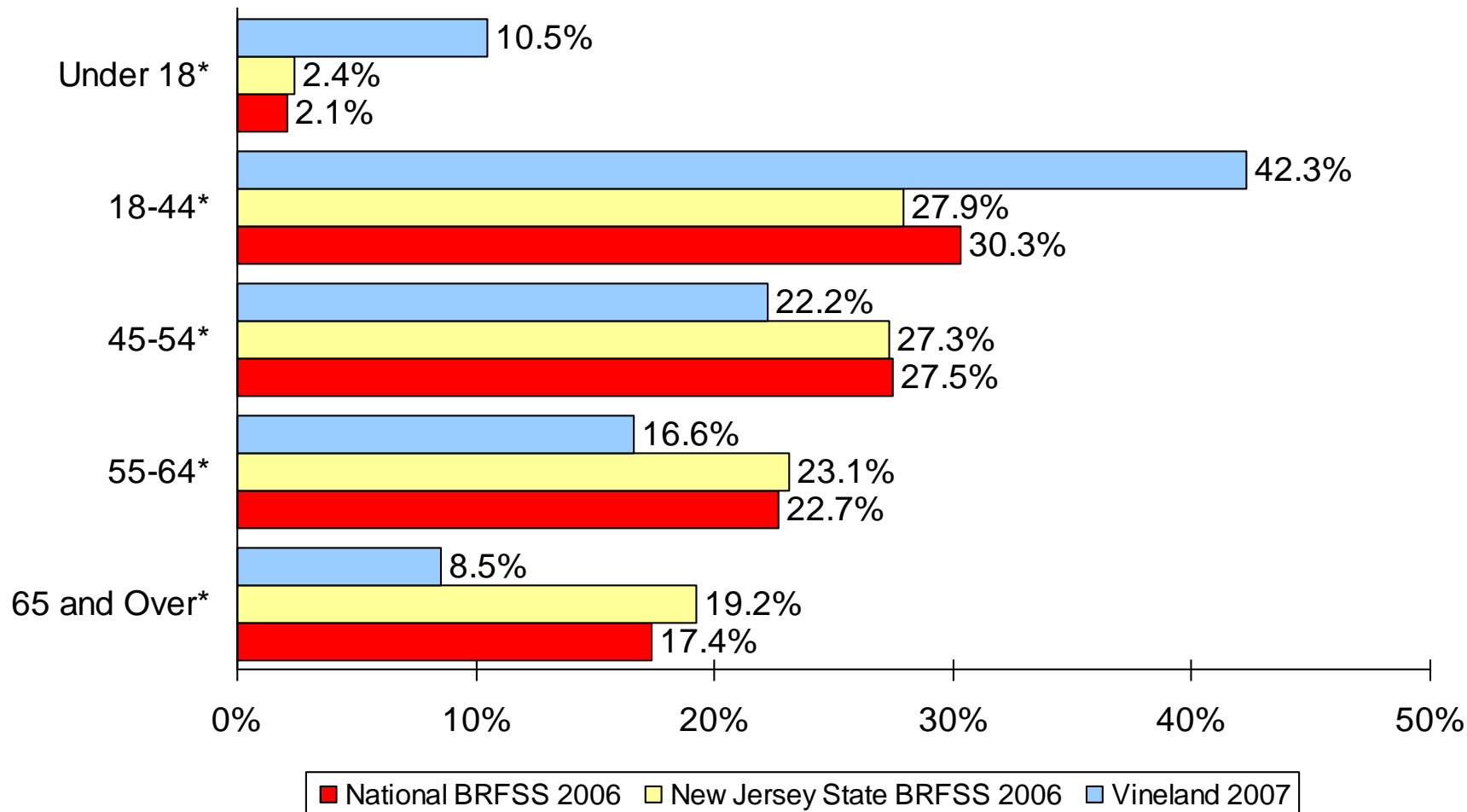
Have you ever been told by a doctor that you have diabetes?



*Note: Vineland is significantly different from New Jersey and National comparisons.

How old were you when you were told you had diabetes?

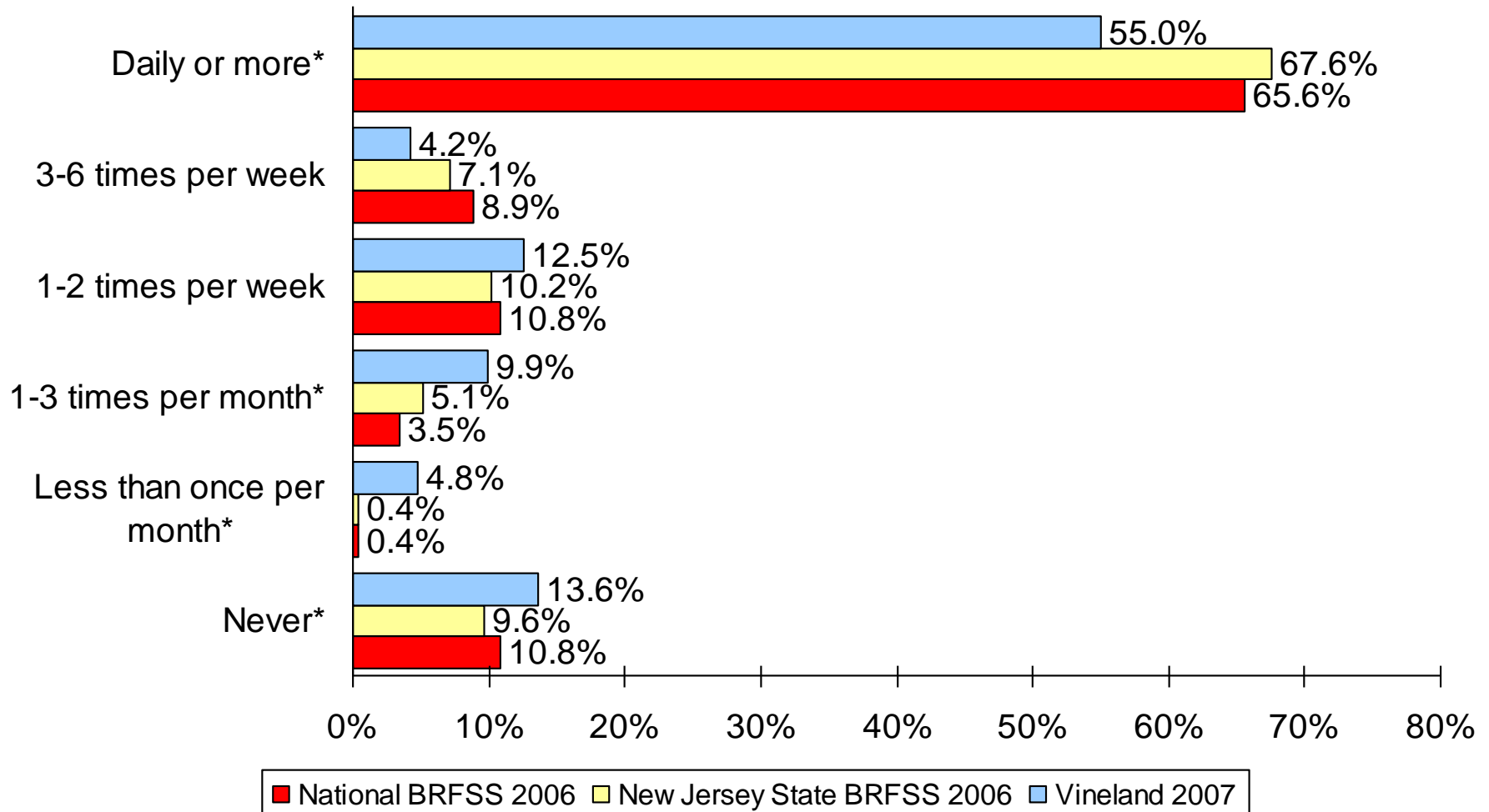
Respondents with diabetes



*Note: Vineland is significantly different from New Jersey and National comparisons.

How often do you check your blood for glucose or sugar?

Respondents with diabetes



*Note: Vineland is significantly different from New Jersey and National comparisons.

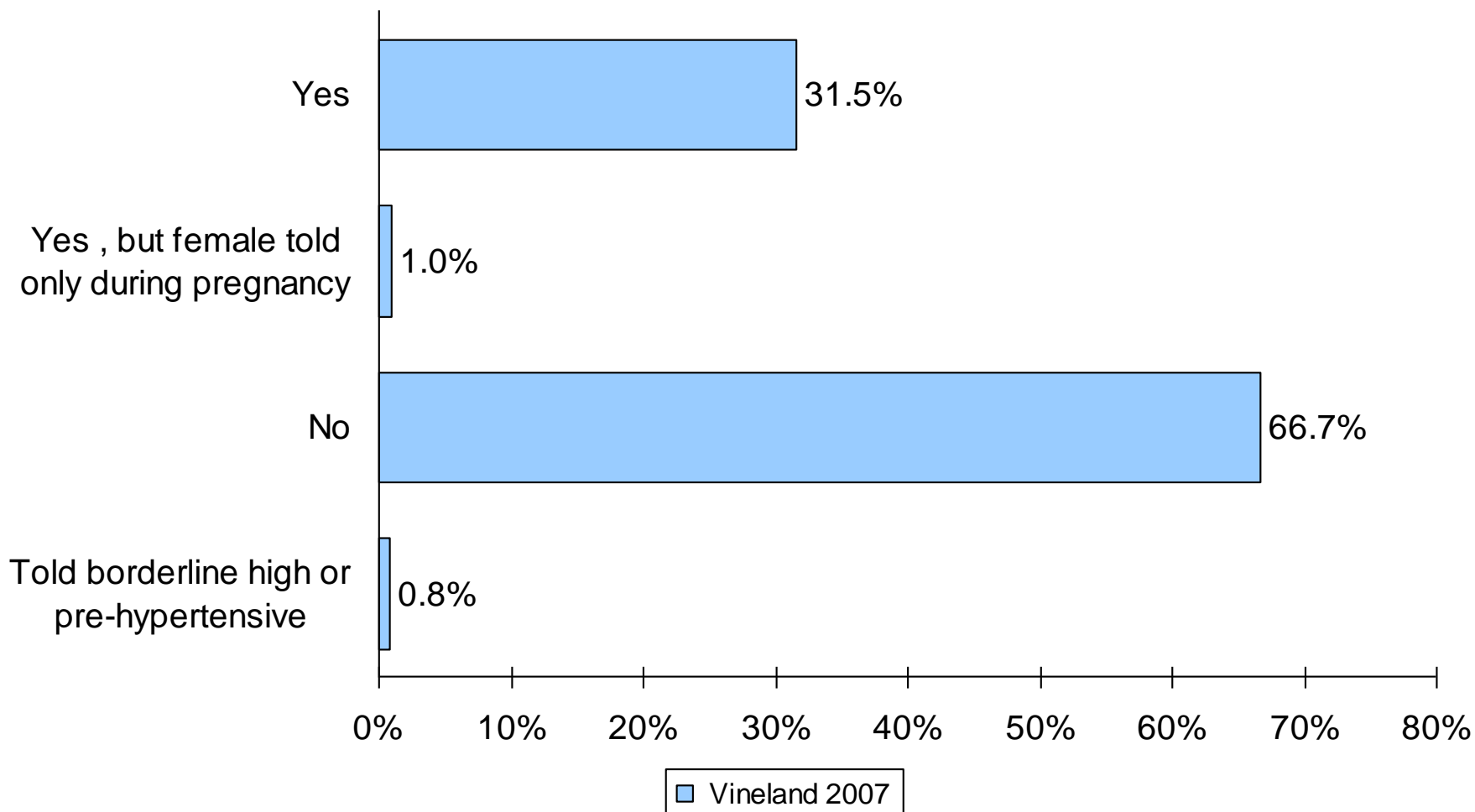
Statistically Significant Differences By Gender

Diabetes

- No statistically significant differences exist.

Hypertension Awareness

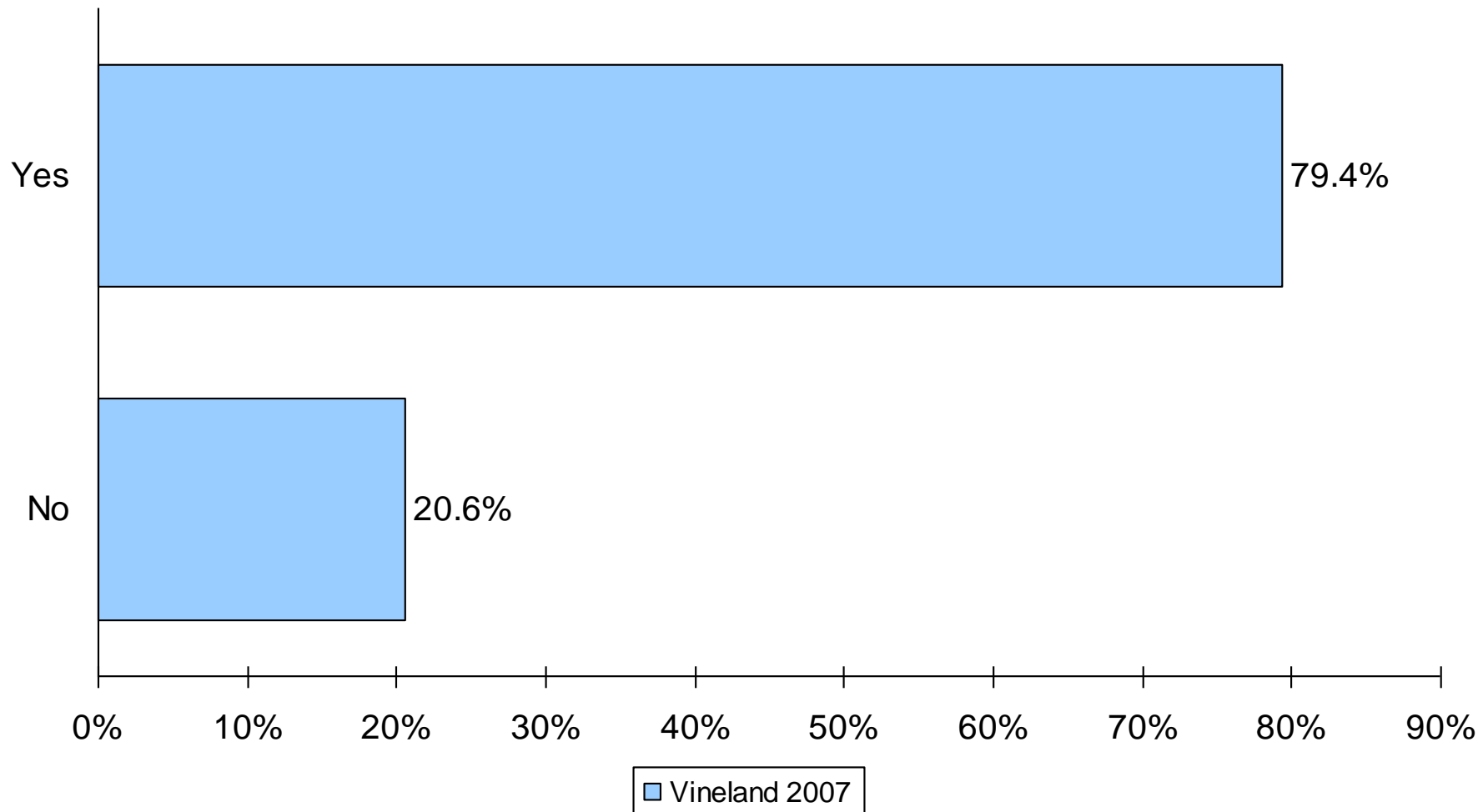
Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure?



Note: Comparisons to New Jersey and National data are not available.

Are you currently taking medicine for your high blood pressure?

Respondents who have ever been told they have high blood pressure



Note: Comparisons to New Jersey and National data are not available.

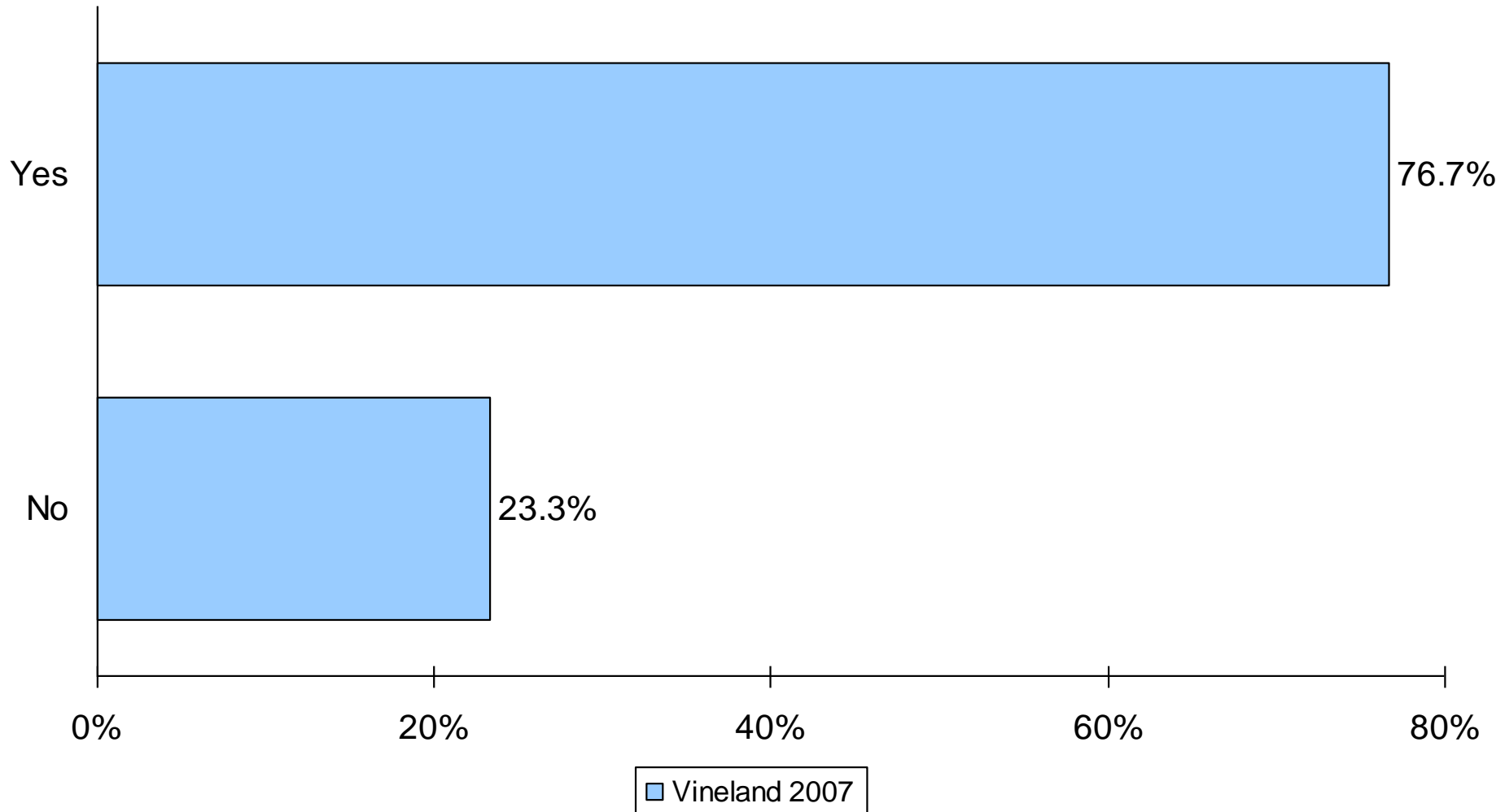
Statistically Significant Differences By Gender

Hypertension Awareness

- No statistically significant differences exist.

Cholesterol Awareness

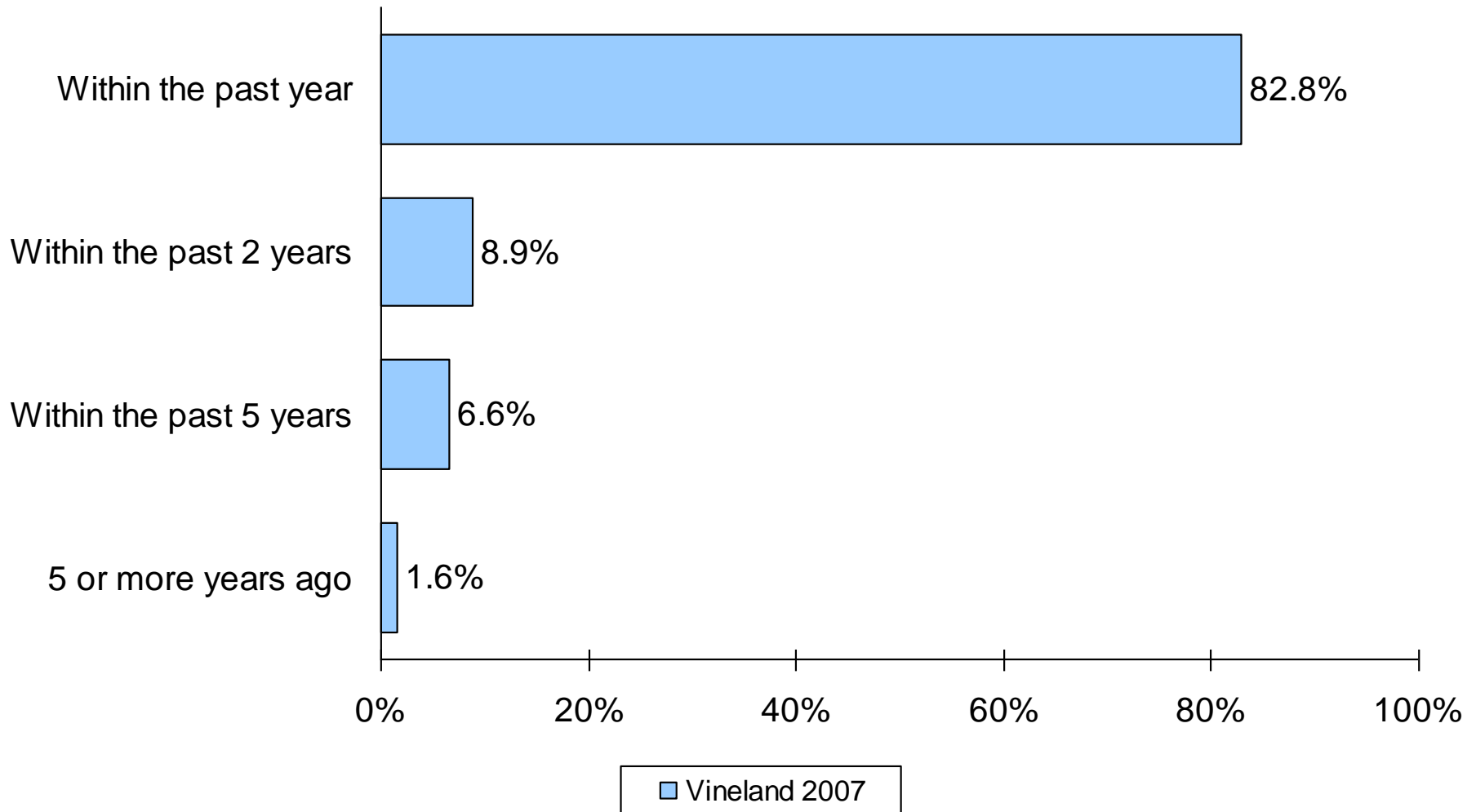
Have you ever had your blood cholesterol checked?



Note: Comparisons to New Jersey and National data are not available.

How long has it been since you last had your blood cholesterol checked?

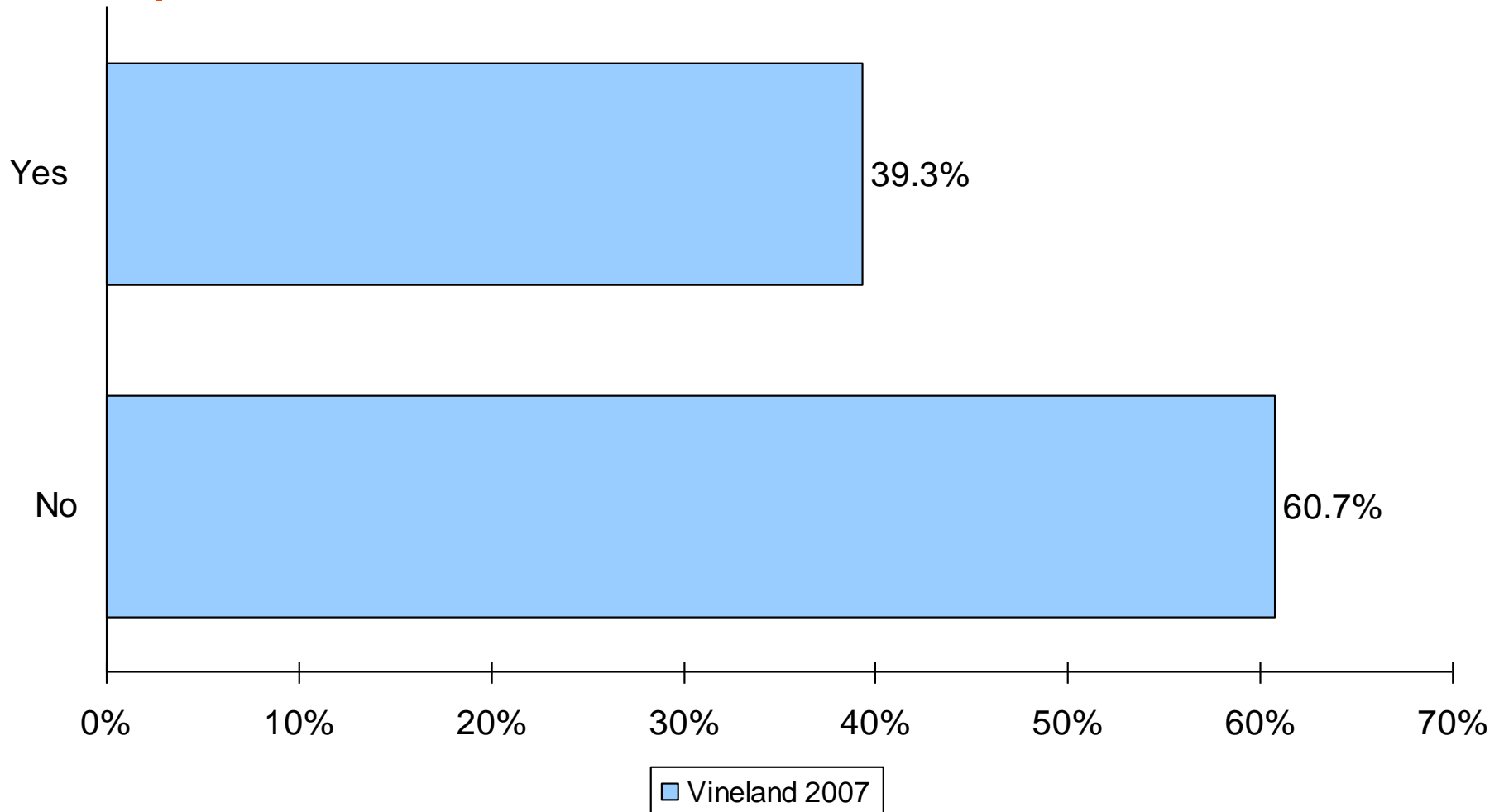
Respondents who have ever had their blood cholesterol checked



Note: Comparisons to New Jersey and National data are not available.

Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?

Respondents who have ever had their blood cholesterol checked



Note: Comparisons to New Jersey and National data are not available.

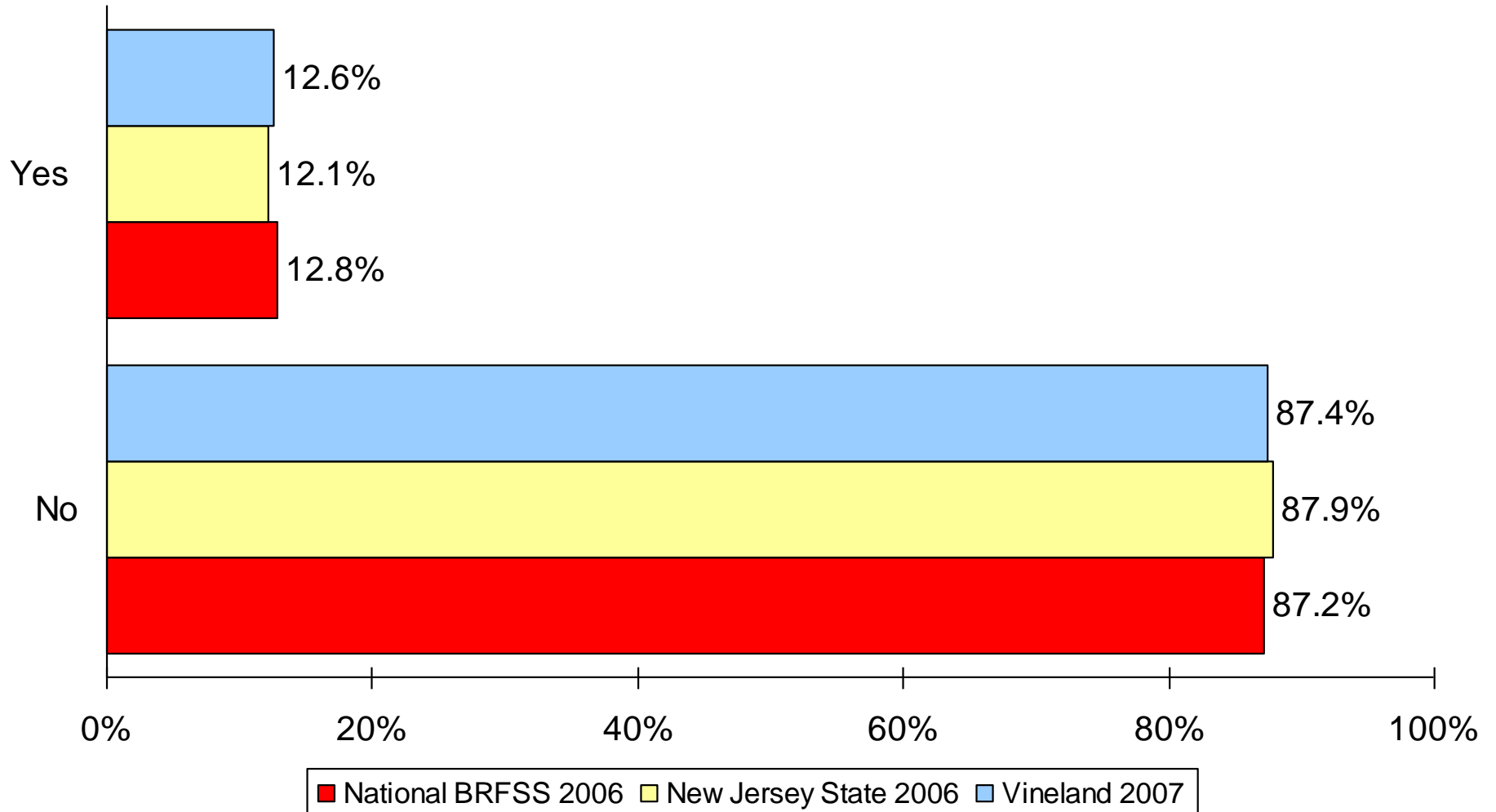
Statistically Significant Differences By Gender

Cholesterol Awareness

- No statistically significant differences exist.

Asthma

Have you ever been told by a doctor or other health professional that you have asthma?



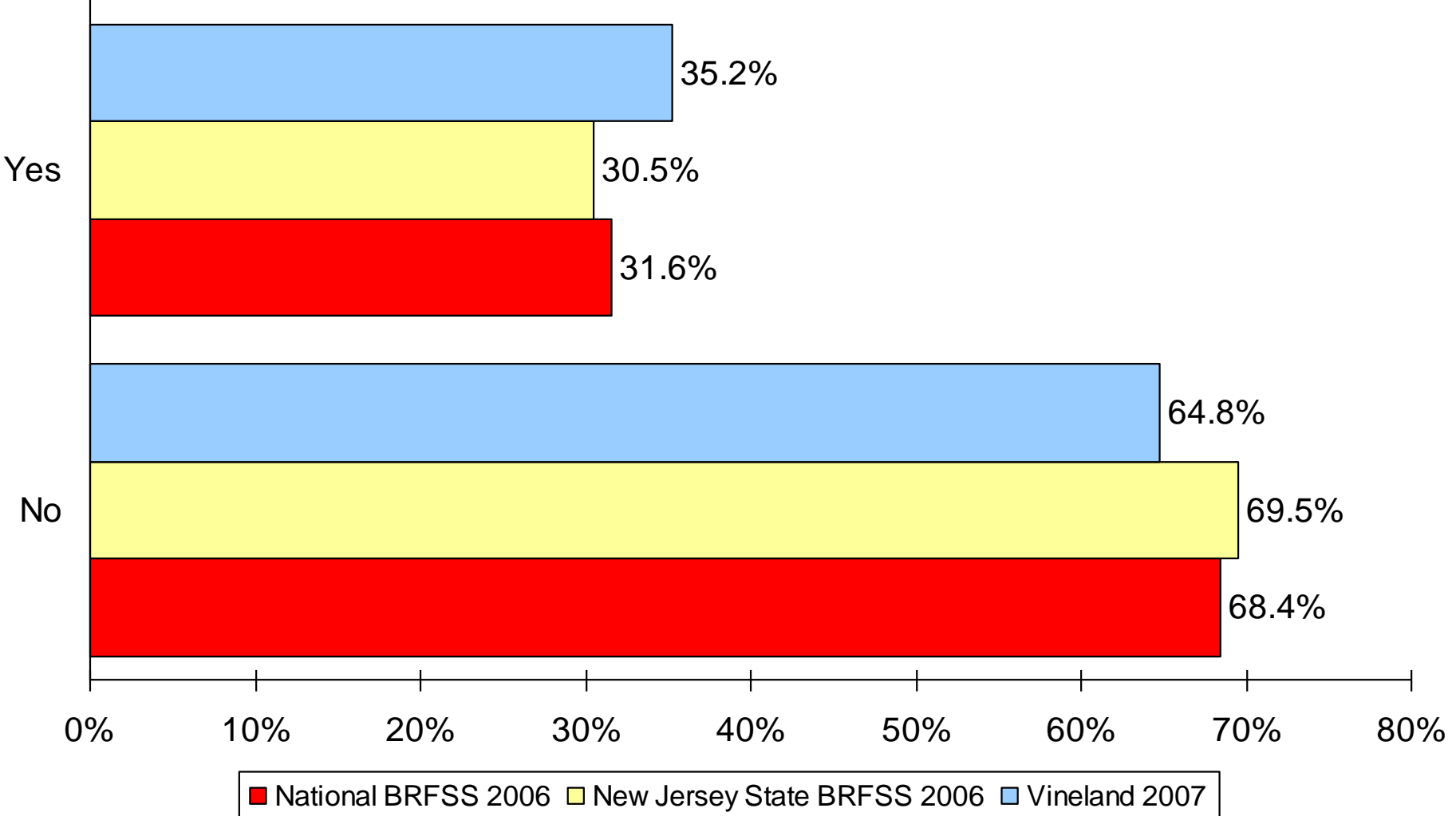
Statistically Significant Differences By Gender

Asthma

- No statistically significant differences exist.

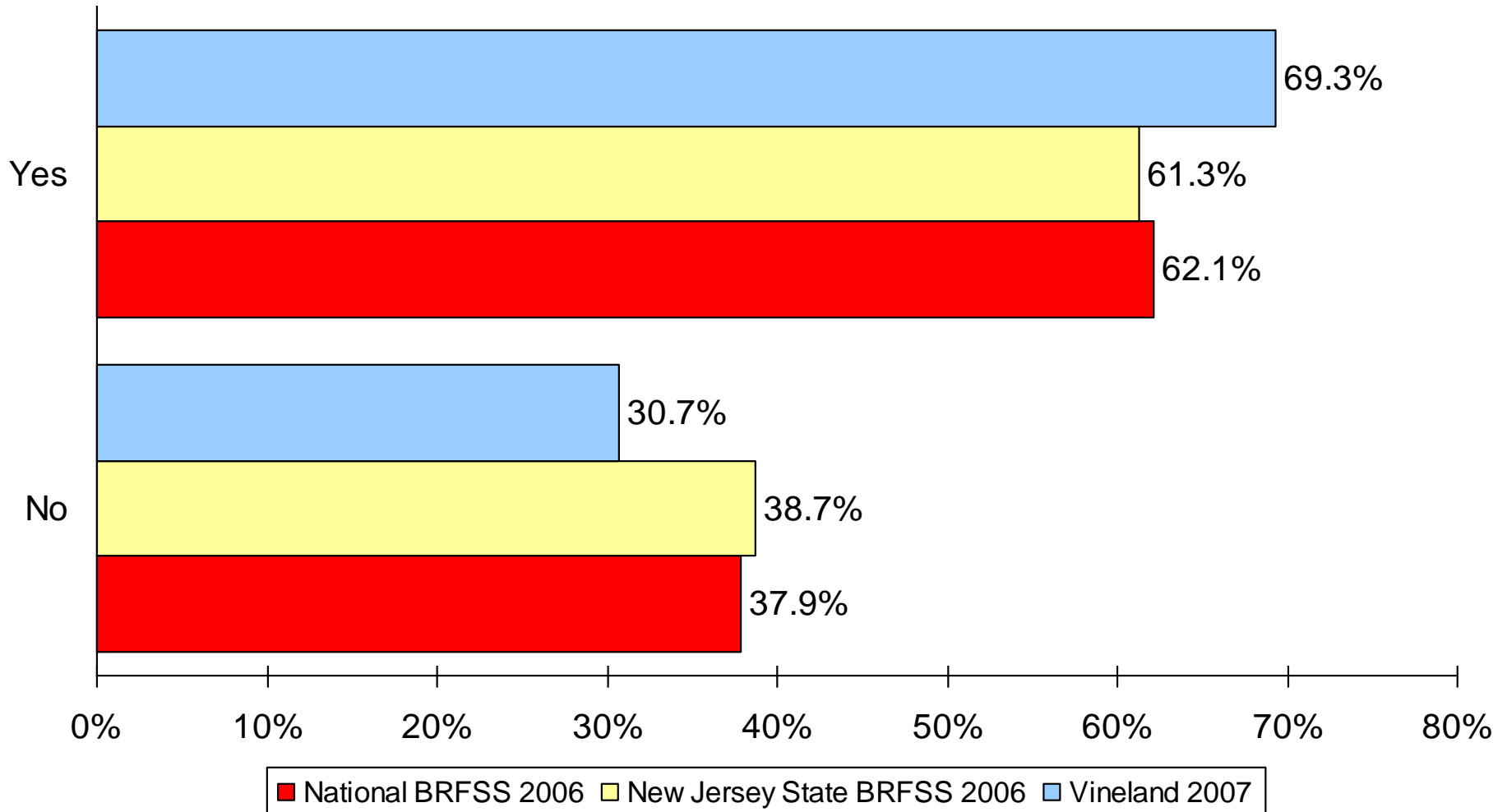
Immunization

During the past 12 months, have you had a flu shot or a flu vaccine sprayed in your nose?



During the past 12 months, have you had a flu shot or a flu vaccine sprayed in your nose?

Respondents ages 65 and over

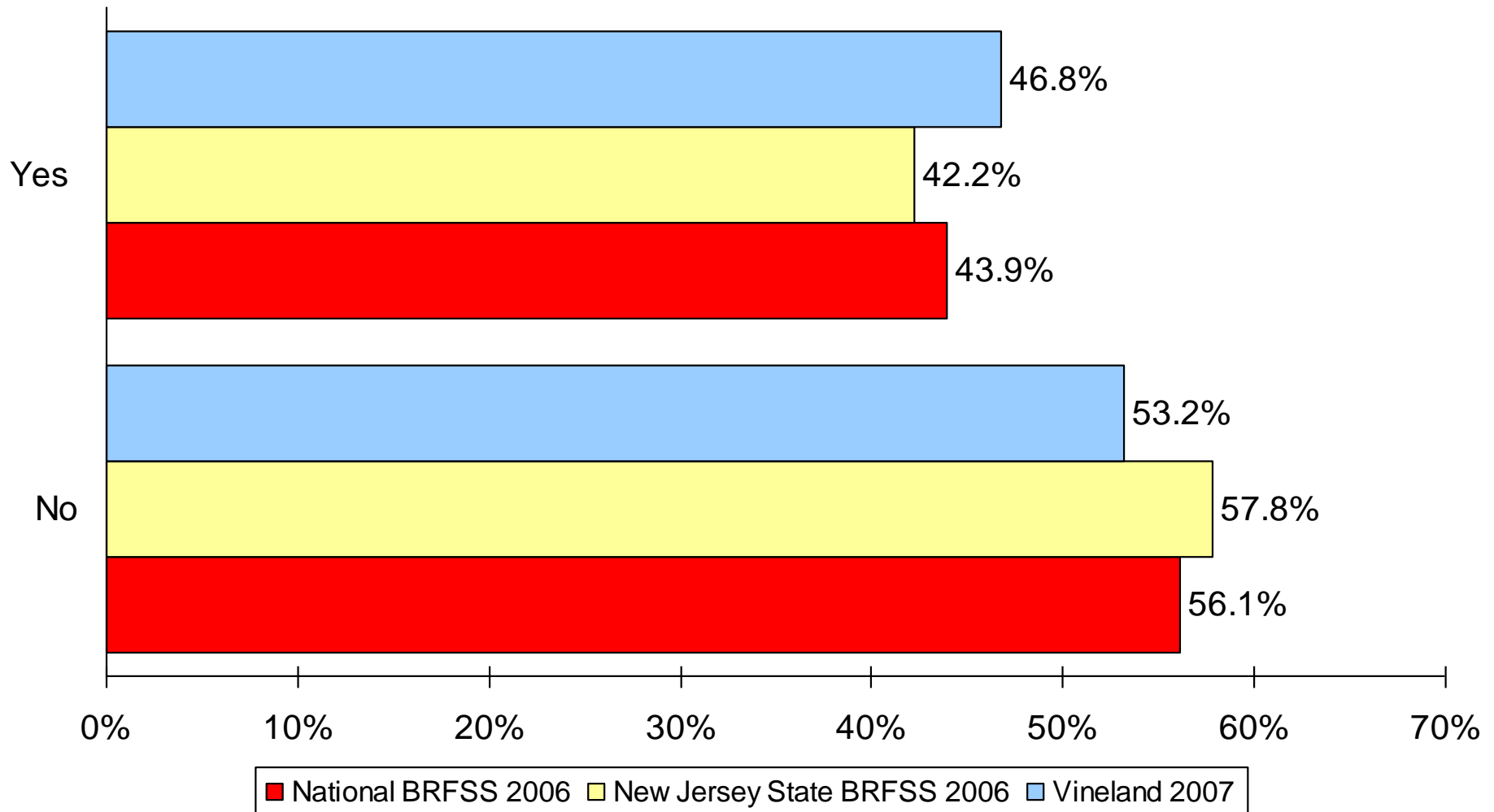


Statistically Significant Differences By Gender *Immunizations*

- No statistically significant differences exist.

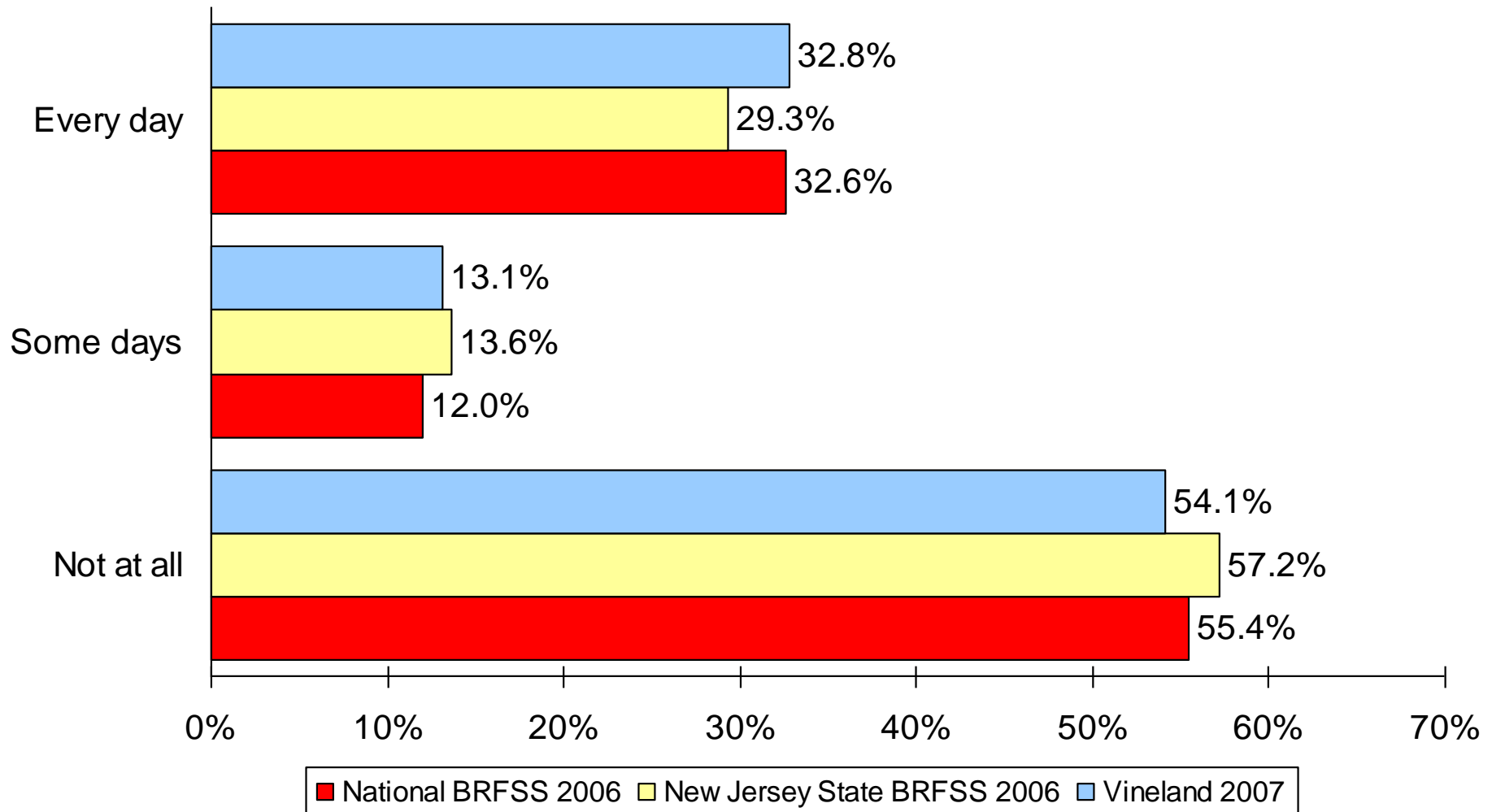
Tobacco Use

Have you smoked at least 100 cigarettes in your entire life?



Do you now smoke cigarettes every day, some days, or not at all?

Respondents who have smoked at least 100 cigarettes in their lifetime

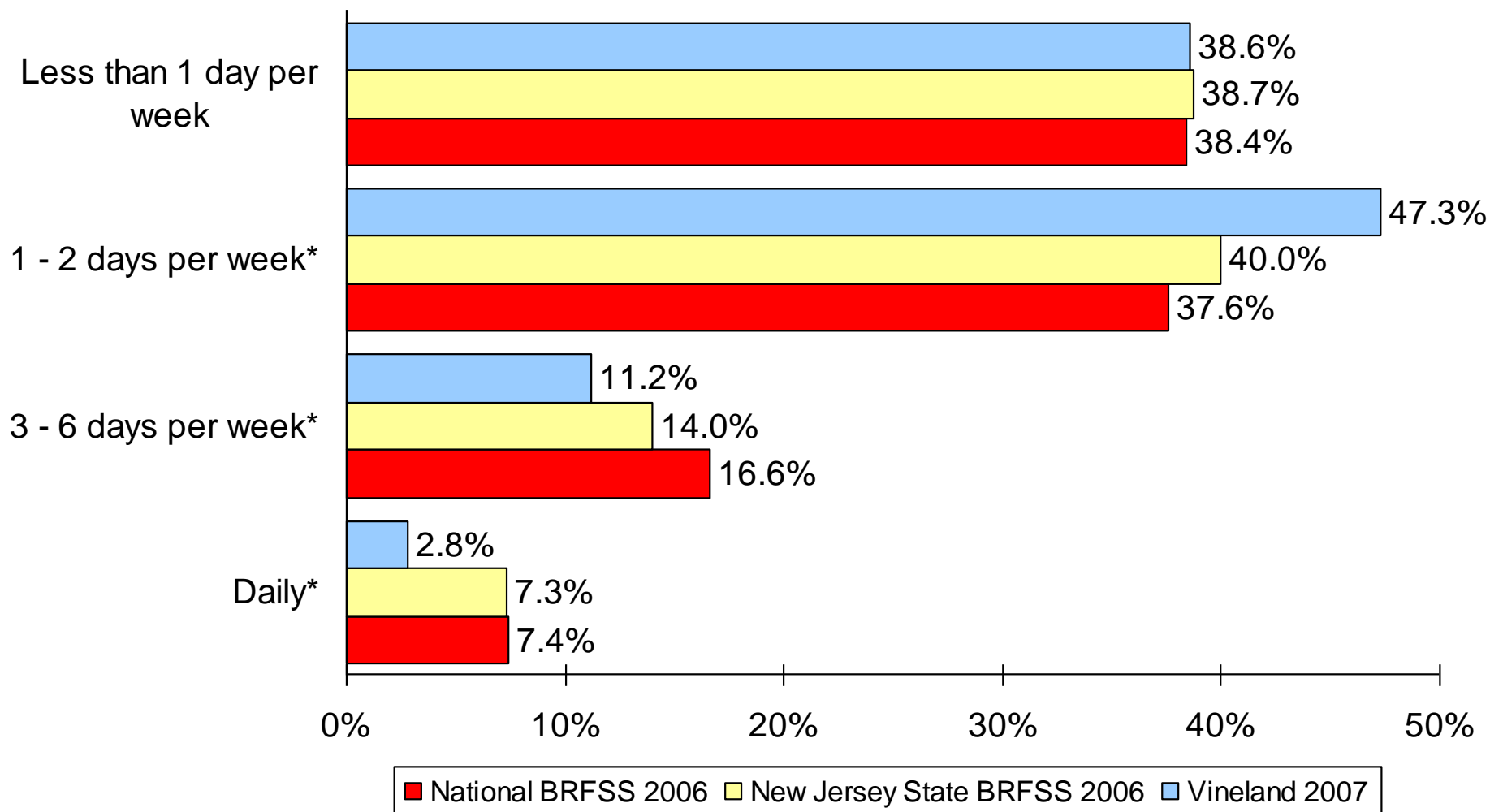


Statistically Significant Differences By Gender *Tobacco Use*

- No statistically significant differences exist.

Alcohol Consumption

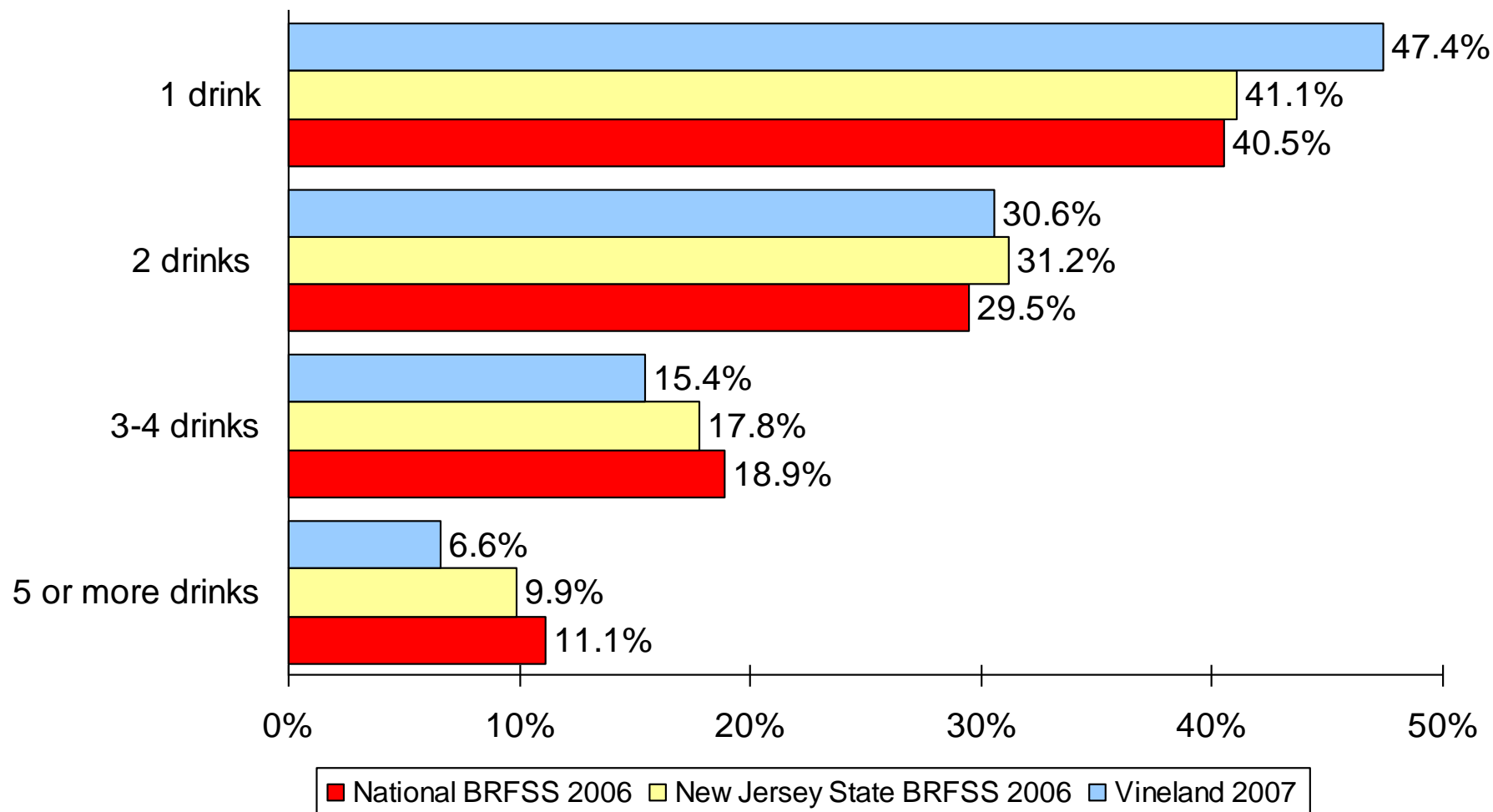
During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?



*Note: Vineland is significantly different from the National comparison.

During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

Respondents who have had a drink in the past 30 days



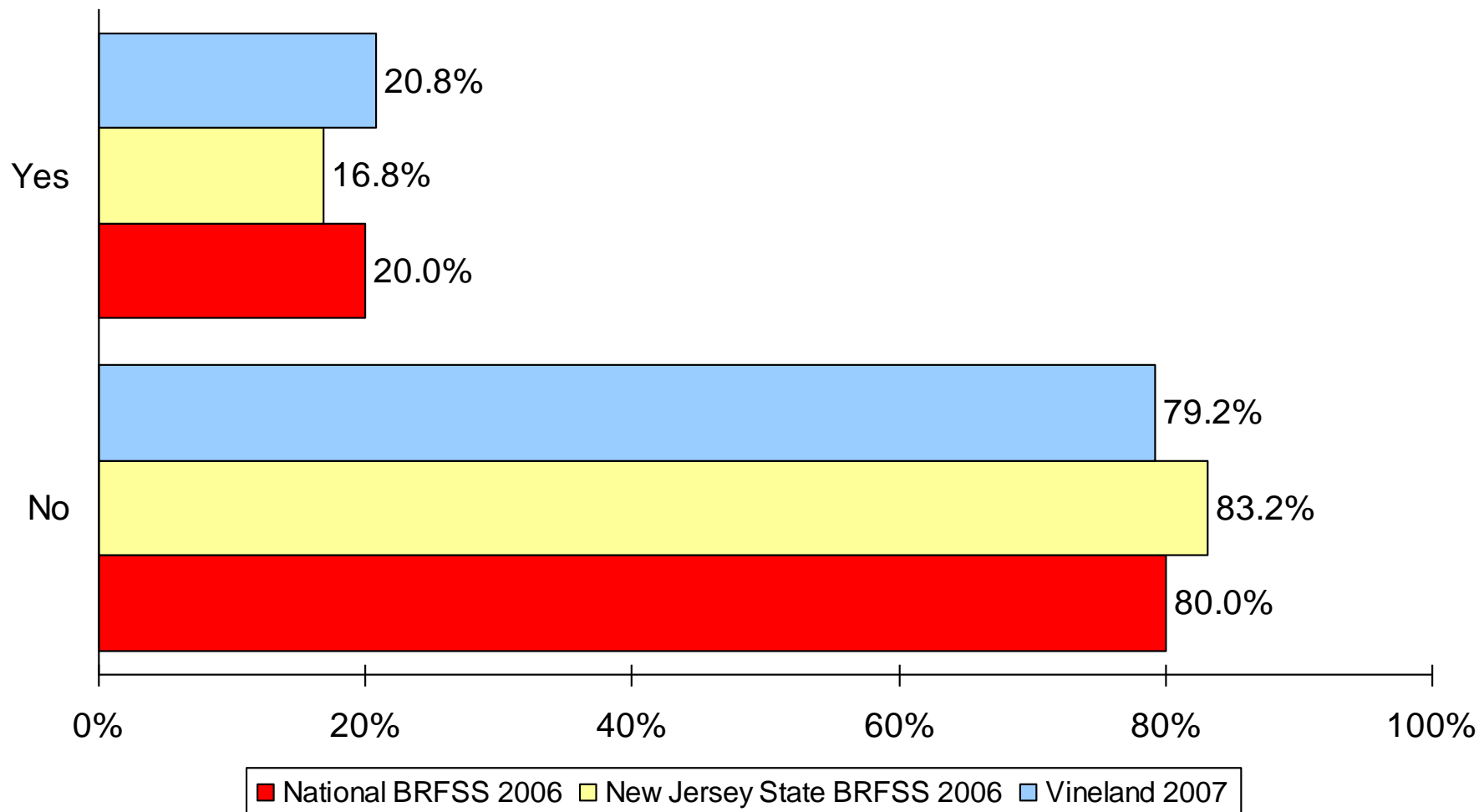
Statistically Significant Differences By Gender

Alcohol Consumption

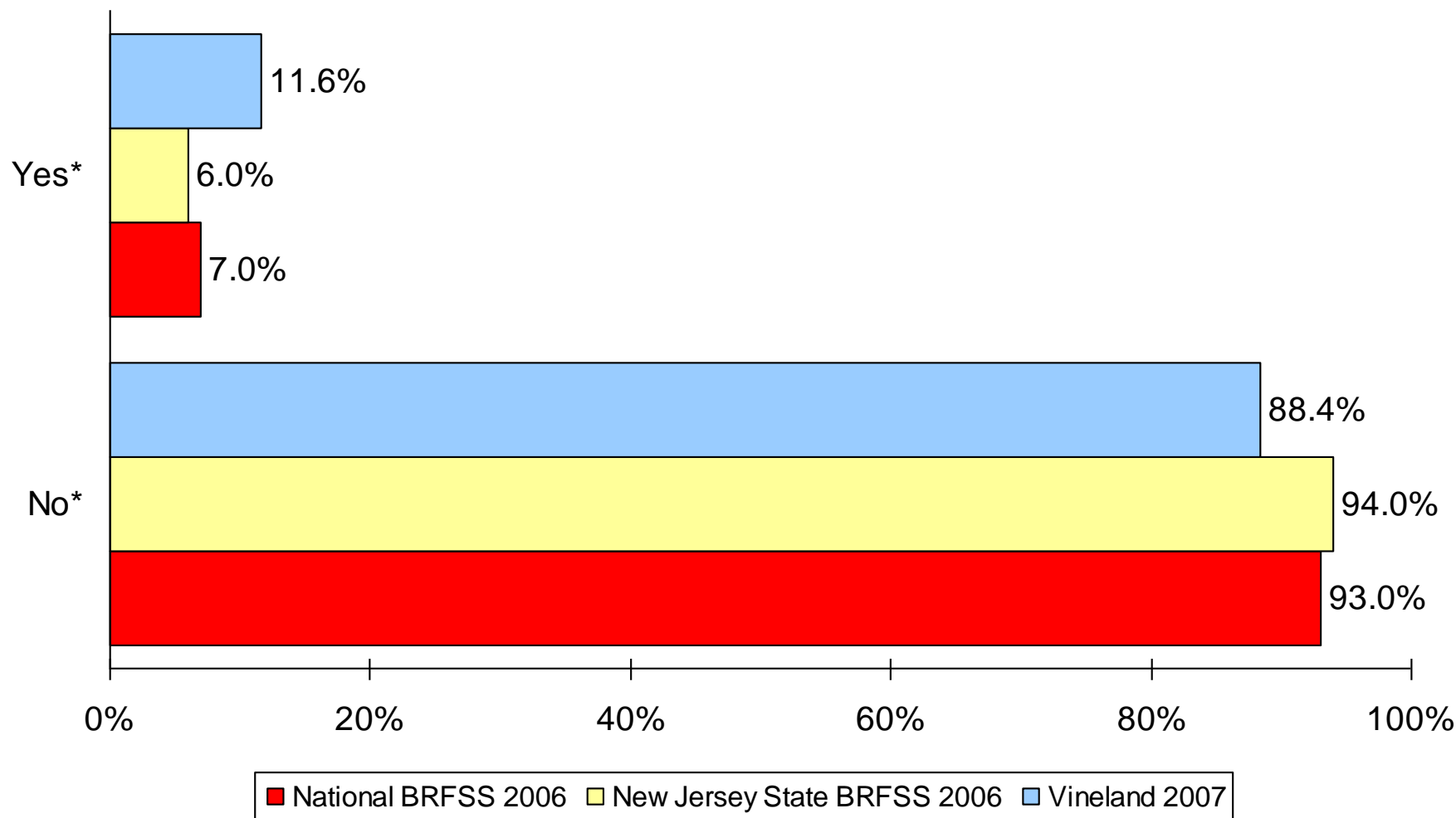
- No statistically significant differences exist.

Disability

Are you limited in any way in any activities because of physical, mental, or emotional problems?



Do you now have any health problems that require you to use special equipment, such as a cane, wheelchair, special bed, or special telephone?



*Note: Vineland is significantly different from New Jersey and National comparisons.

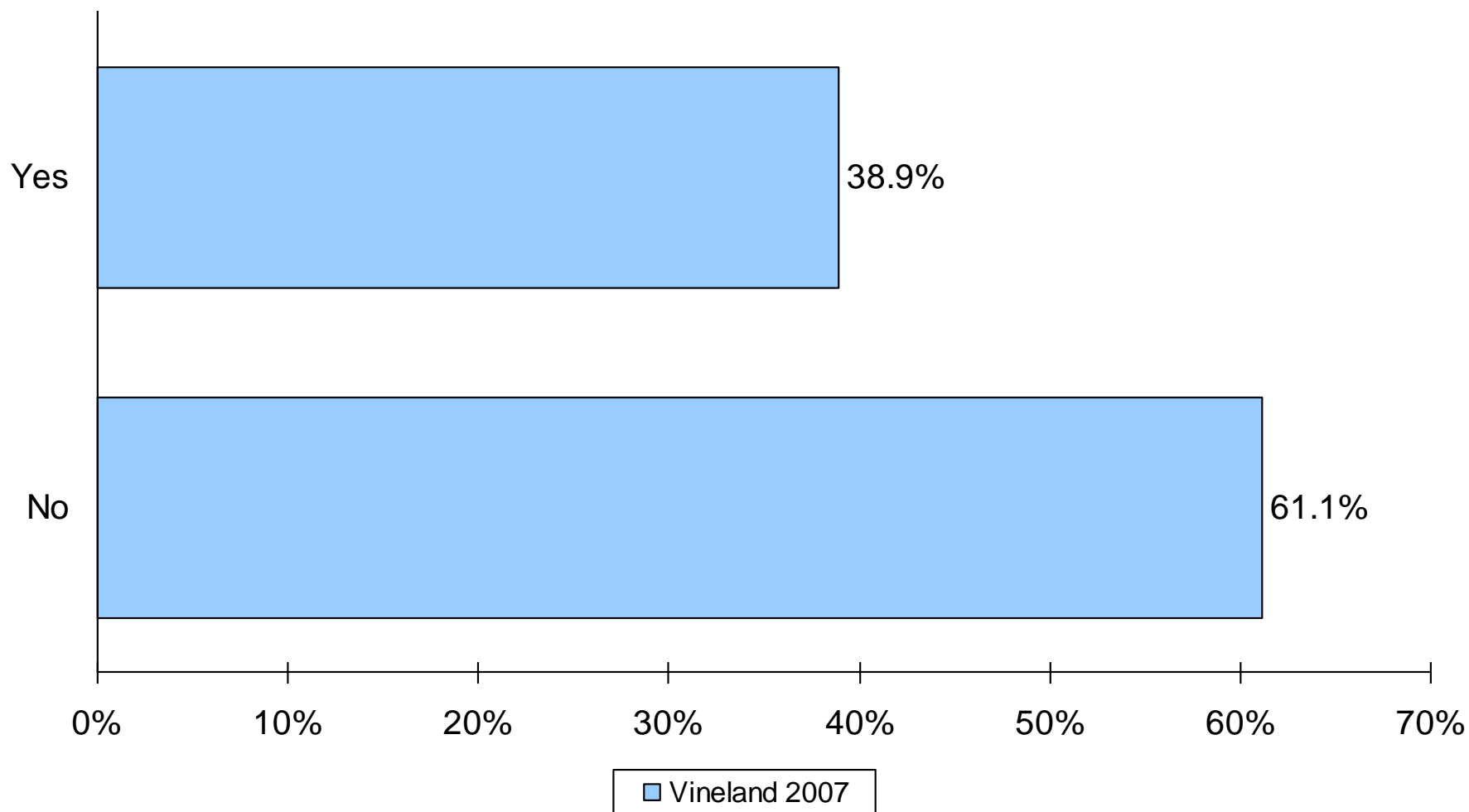
Statistically Significant Differences By Gender

Disability

- No statistically significant differences exist.

Arthritis Burden

During the past 30 days, have you had symptoms of pain, aching, or stiffness in or around a joint?



Note: Comparisons to New Jersey and National data are not available.

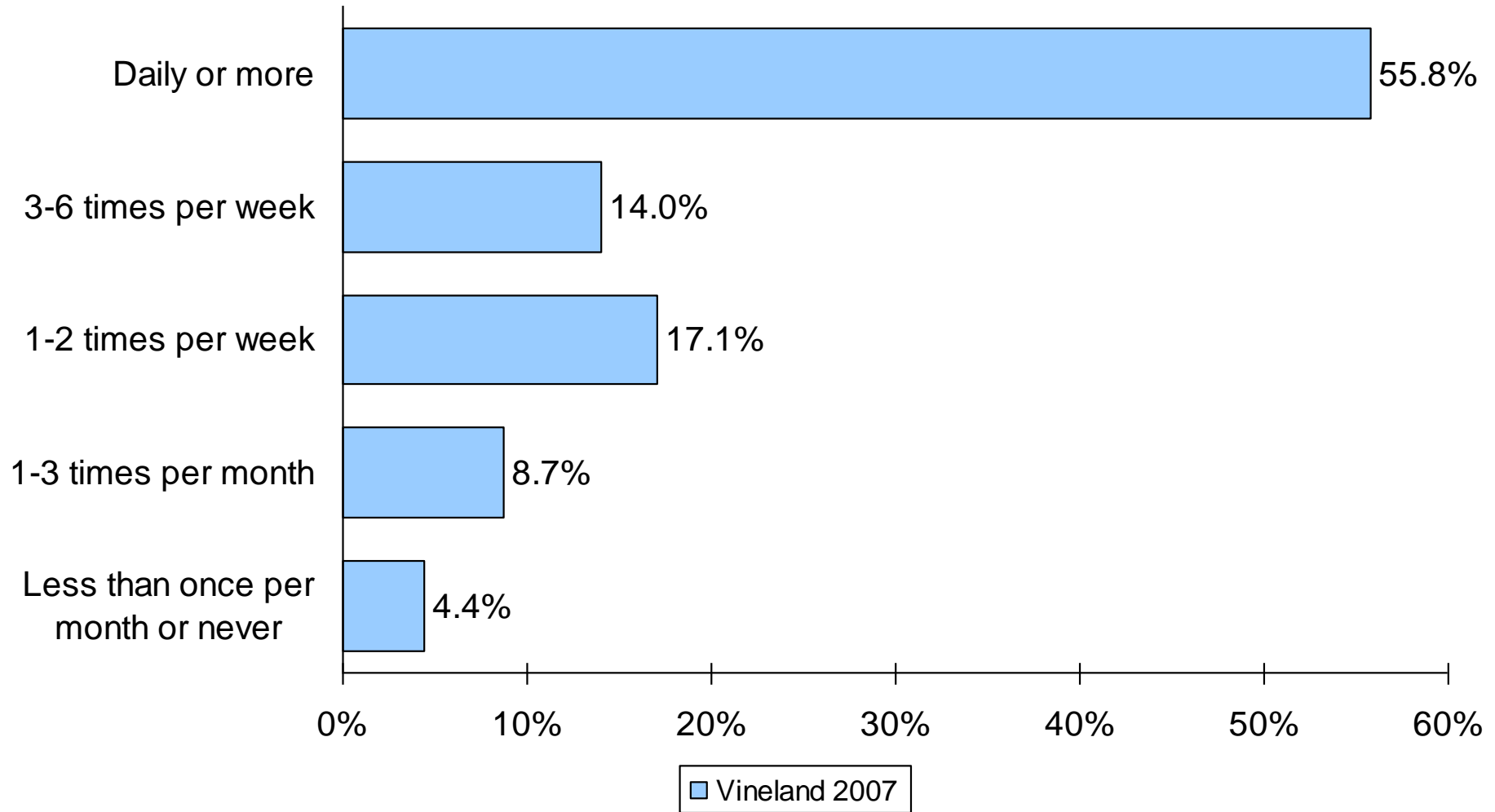
Statistically Significant Differences By Gender

Arthritis Burden

- No statistically significant differences exist.

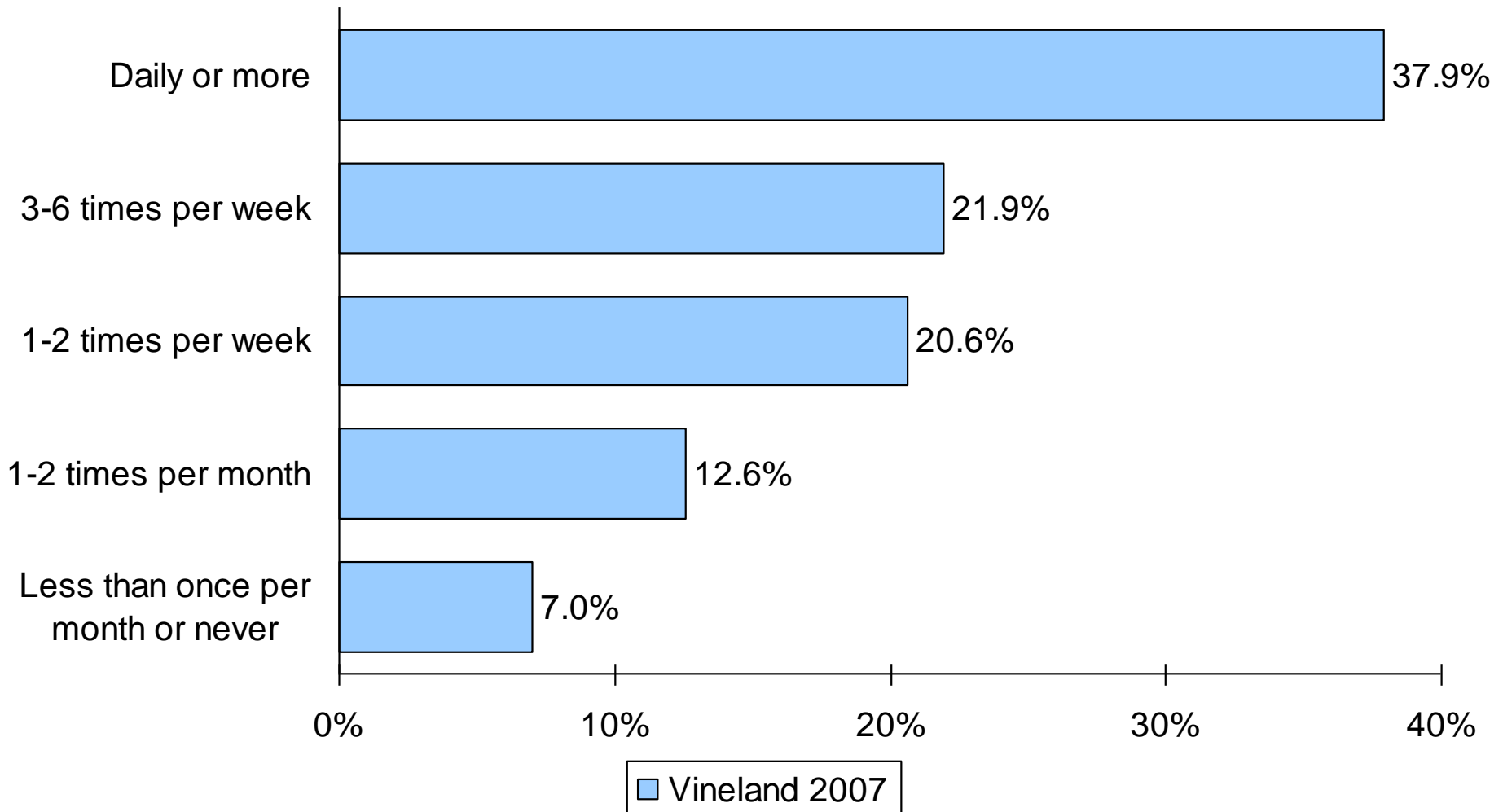
Fruits and Vegetables

Not counting juice, how often do you eat fruit?



Note: Comparisons to New Jersey and National data are not available.

How often do you eat green salad?



Note: Comparisons to New Jersey and National data are not available.

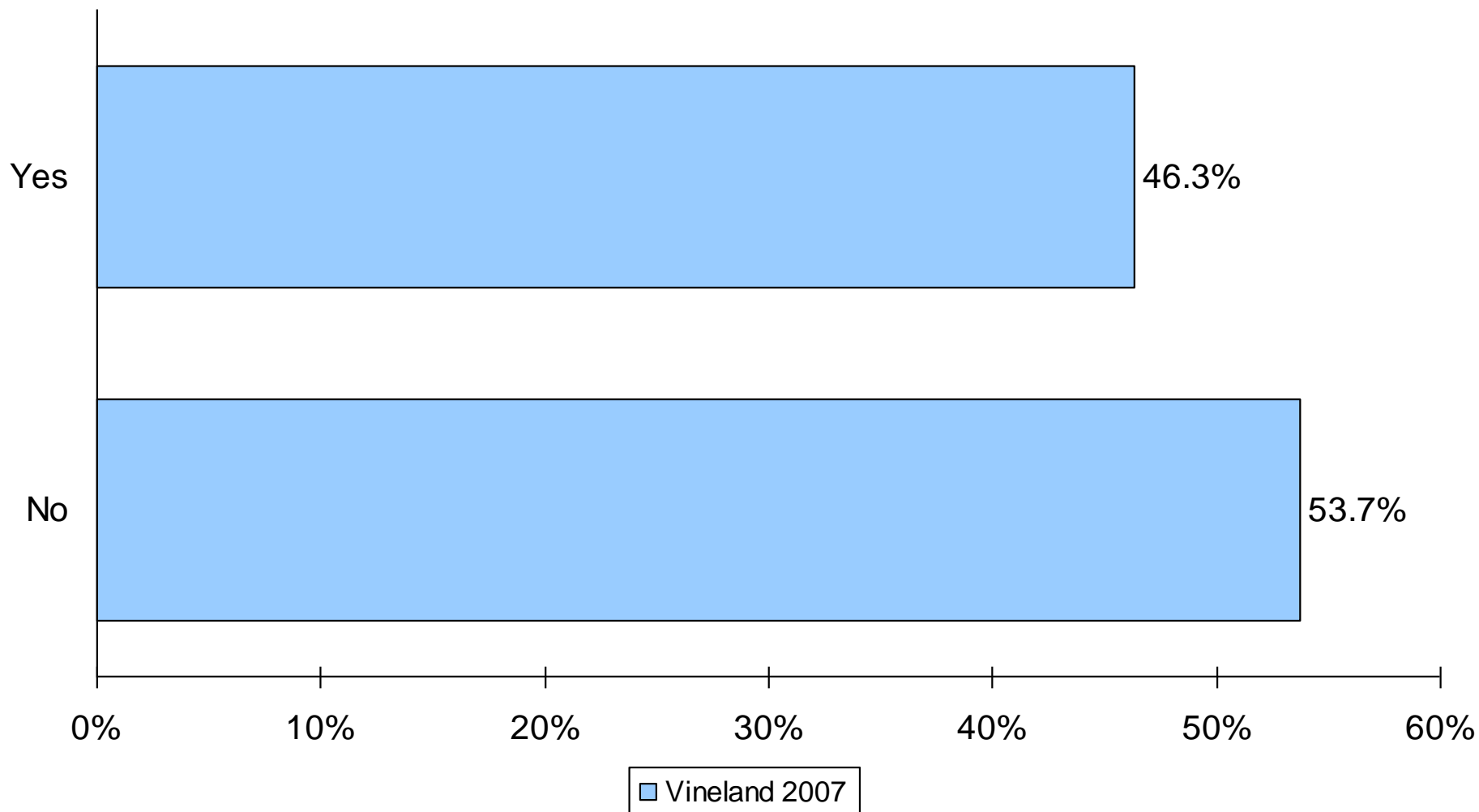
Statistically Significant Differences By Gender

Fruit and Vegetable Consumption

- No statistically significant differences exist.

Physical Activities

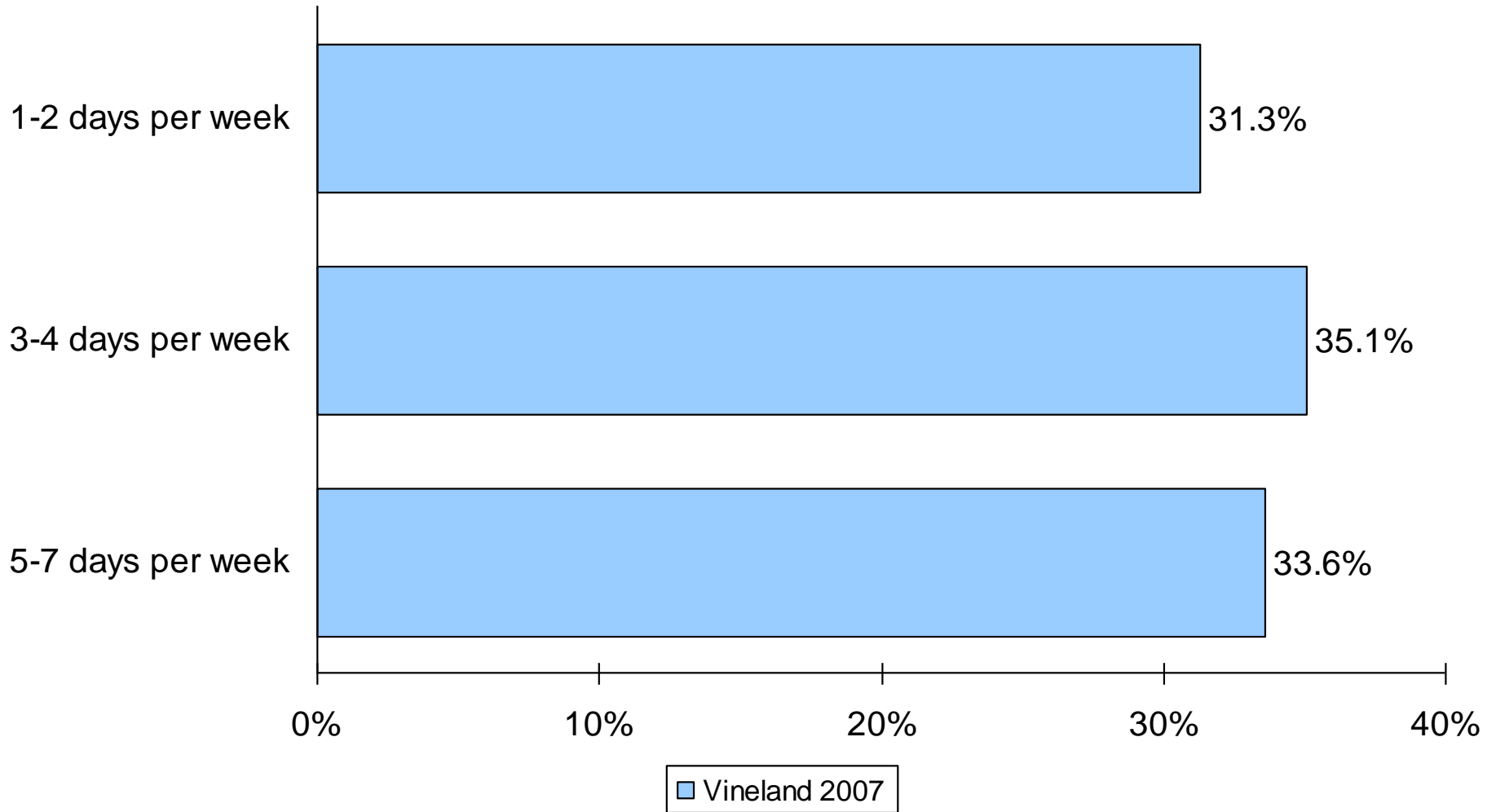
Do you do vigorous activities for at least 10 minutes at a time?



Note: Comparisons to New Jersey and National data are not available.

How many days per week do you do these vigorous activities for at least 10 minutes at a time?

Respondents who engage in vigorous activity for at least 10 minutes



Note: Comparisons to New Jersey and National data are not available.

Statistically Significant Differences By Gender

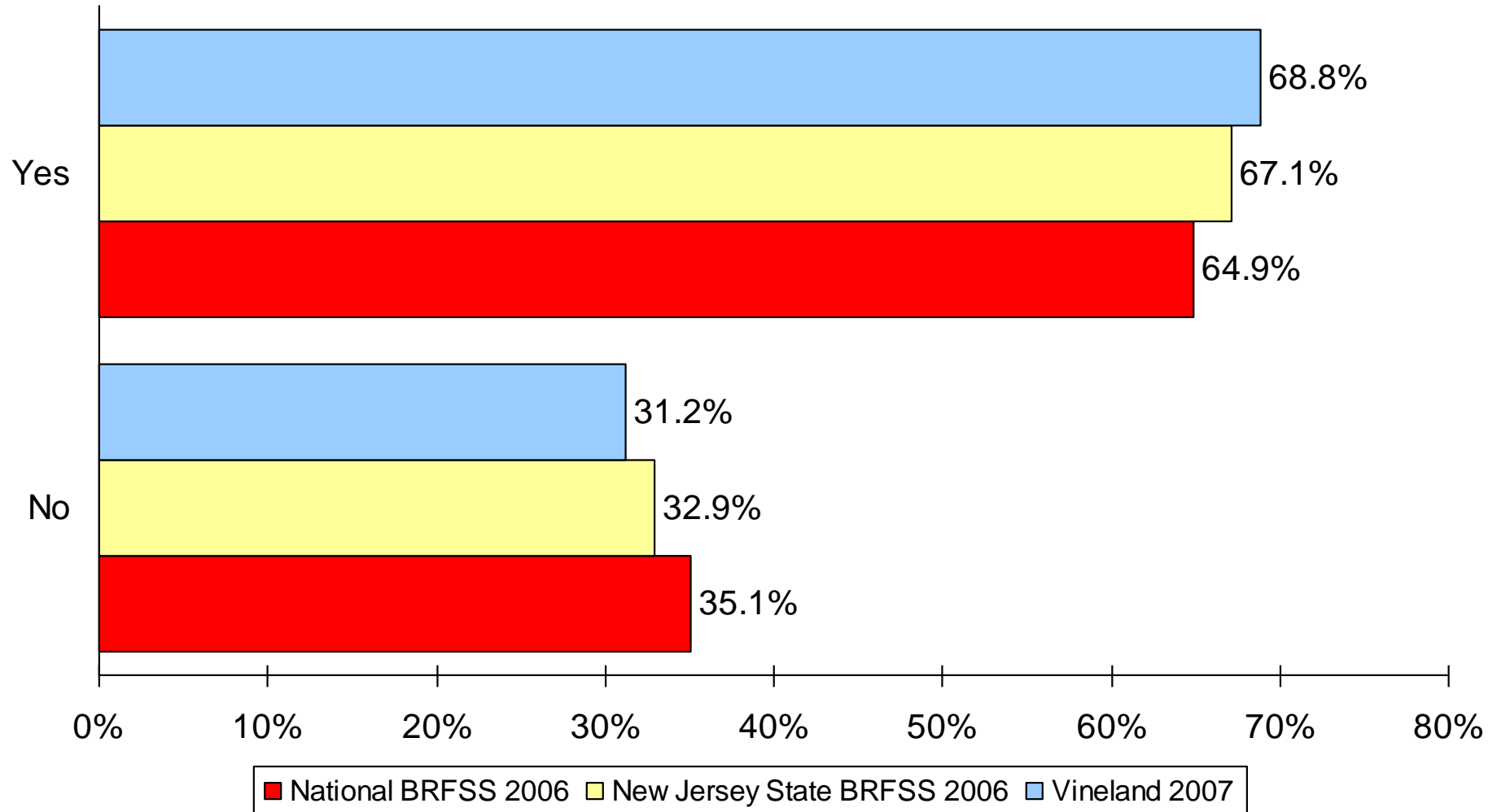
Physical Activities

- Men are more likely to report engaging in vigorous activities for at least 10 minutes at a time.

Women's Health

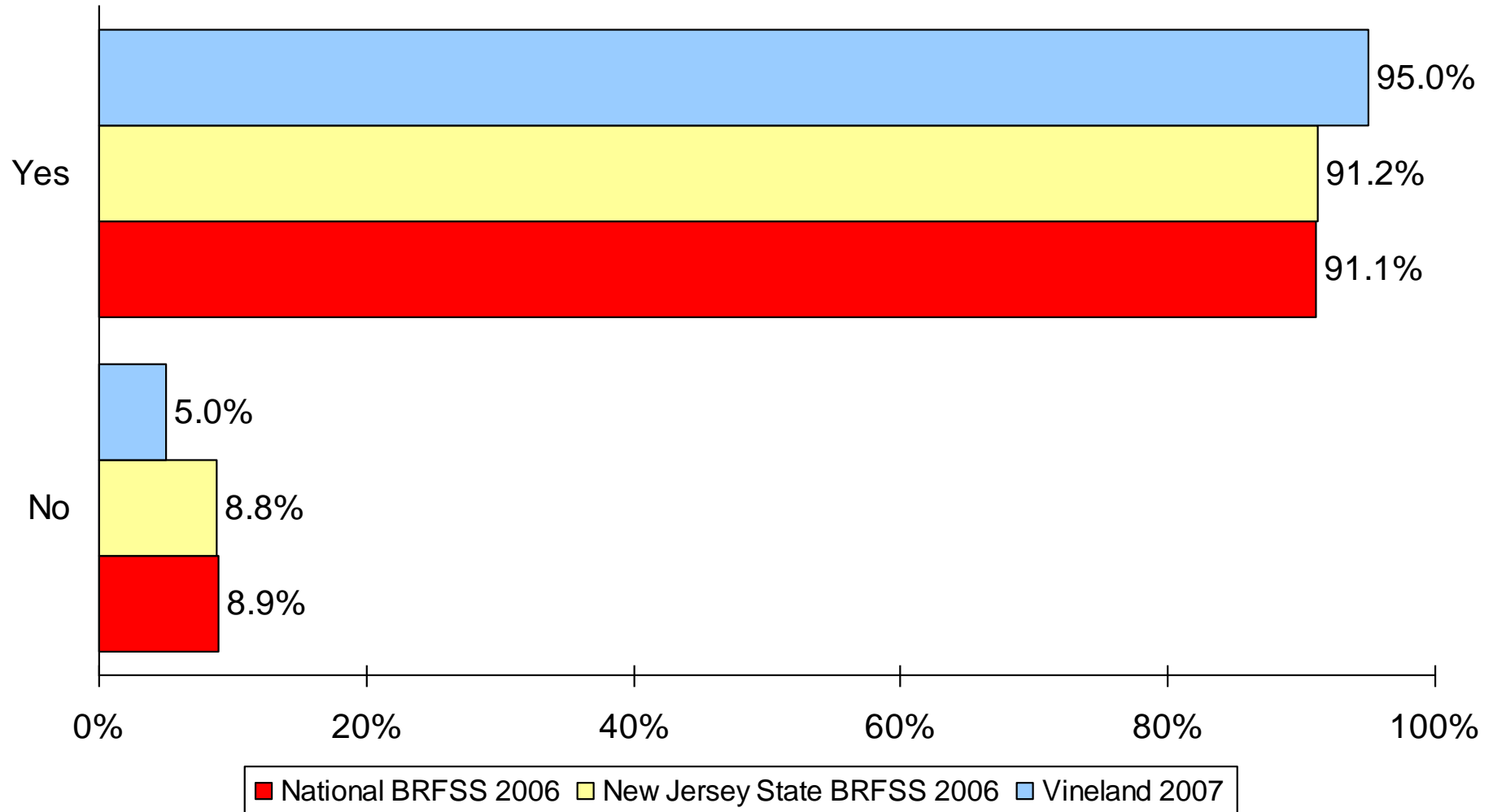
Asked only of Females

Have you ever had a mammogram?

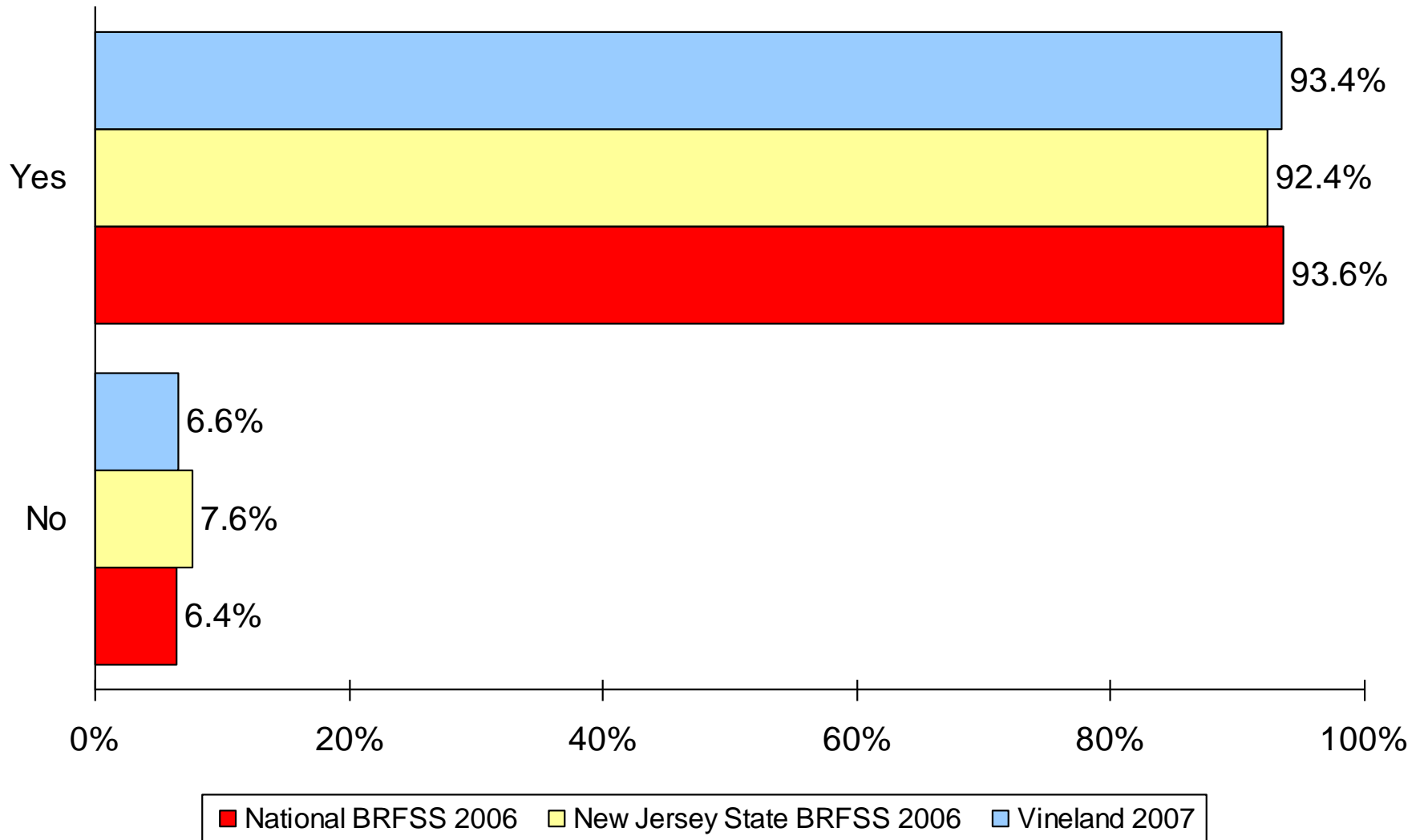


Have you ever had a mammogram?

Female respondents age 40 and older

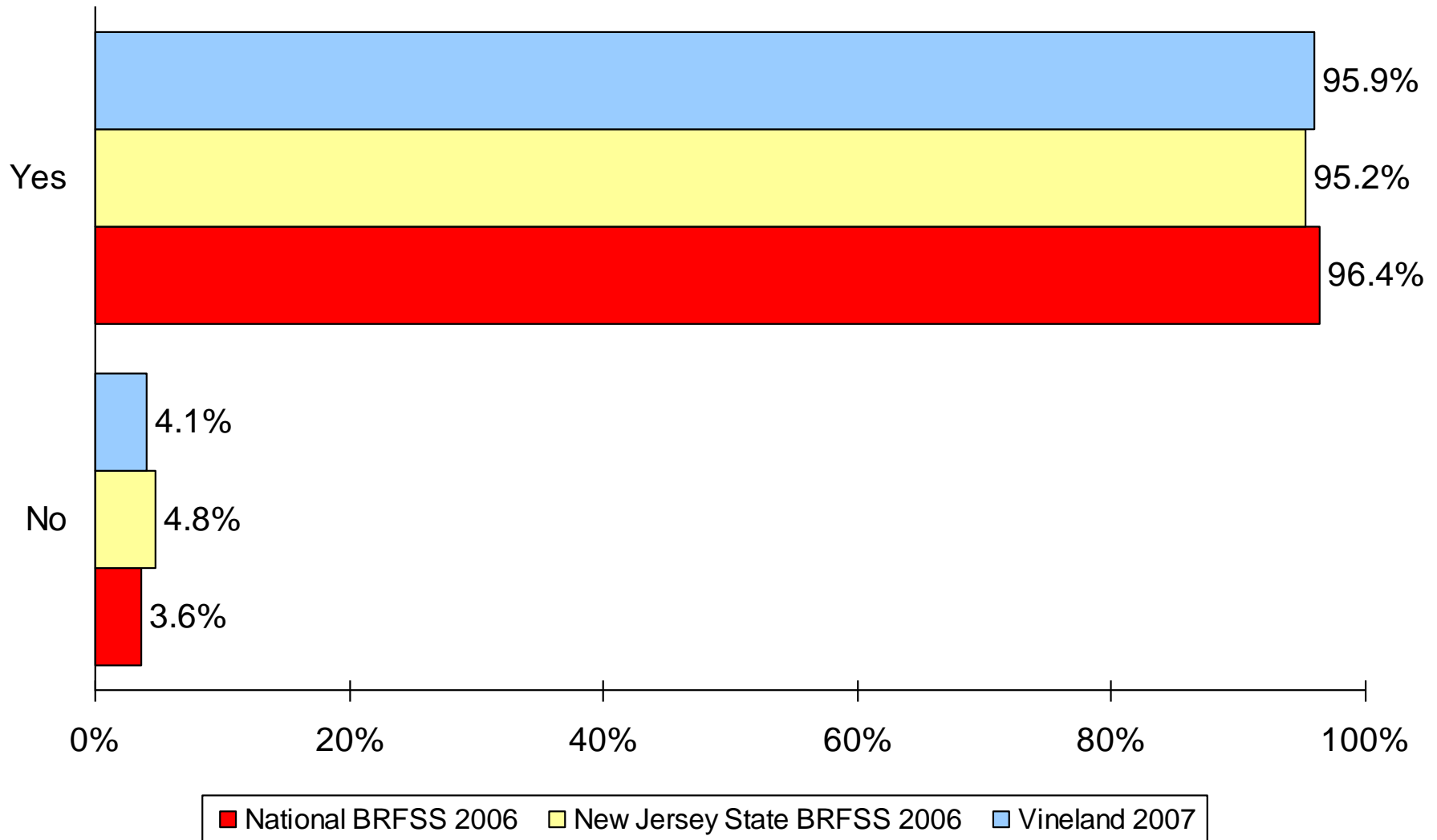


Have you ever had a pap test?



Have you ever had a pap test?

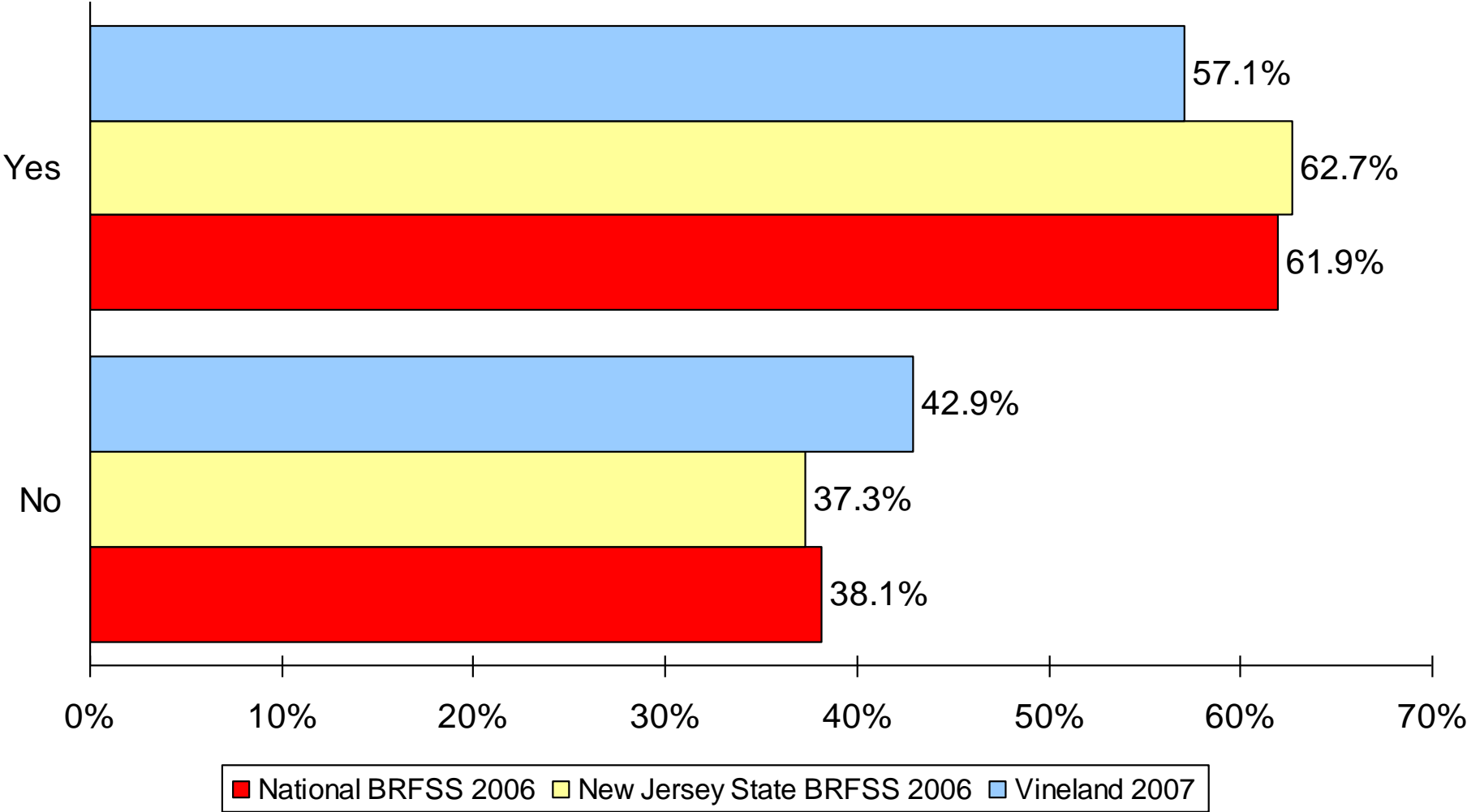
Female respondents age 40 and older



Prostate Cancer Screening

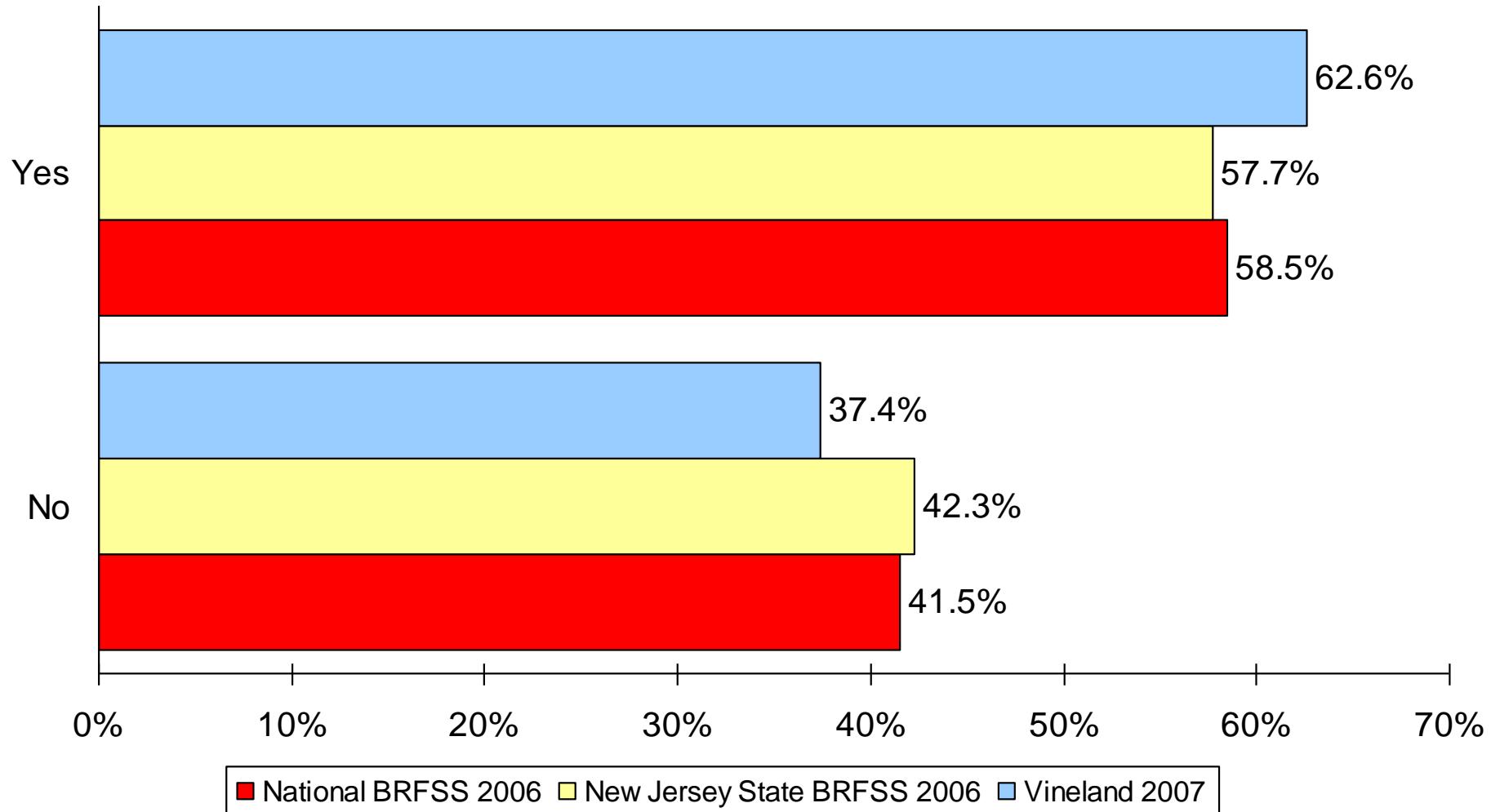
Asked only of Males Age 40 and Over

Have you had a Prostate-Specific Antigen (PSA) test?



Colorectal Cancer Screening

Have you ever had a sigmoidoscopy or colonoscopy?



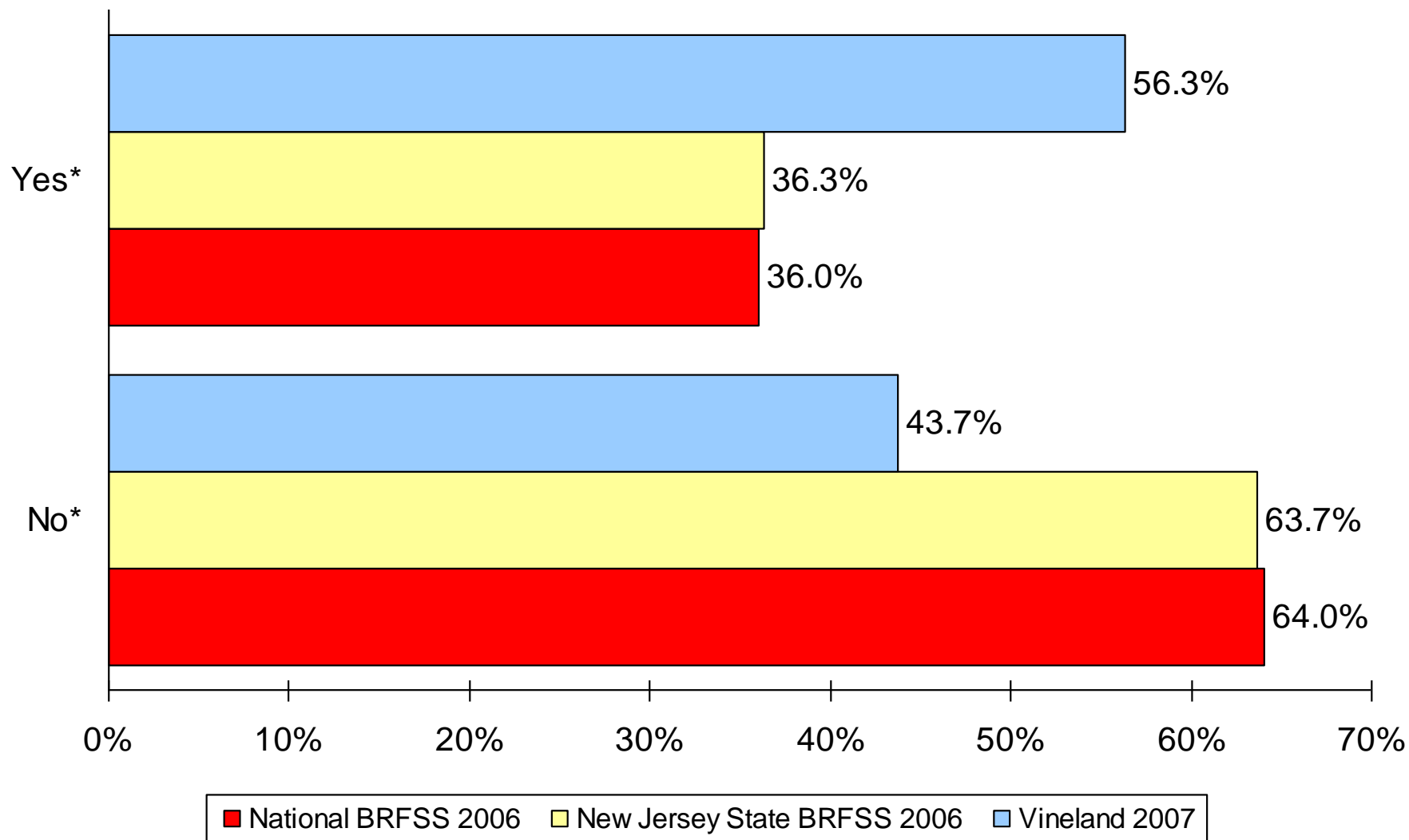
Statistically Significant Differences By Gender

Colorectal Cancer Screening

- No statistically significant differences exist.

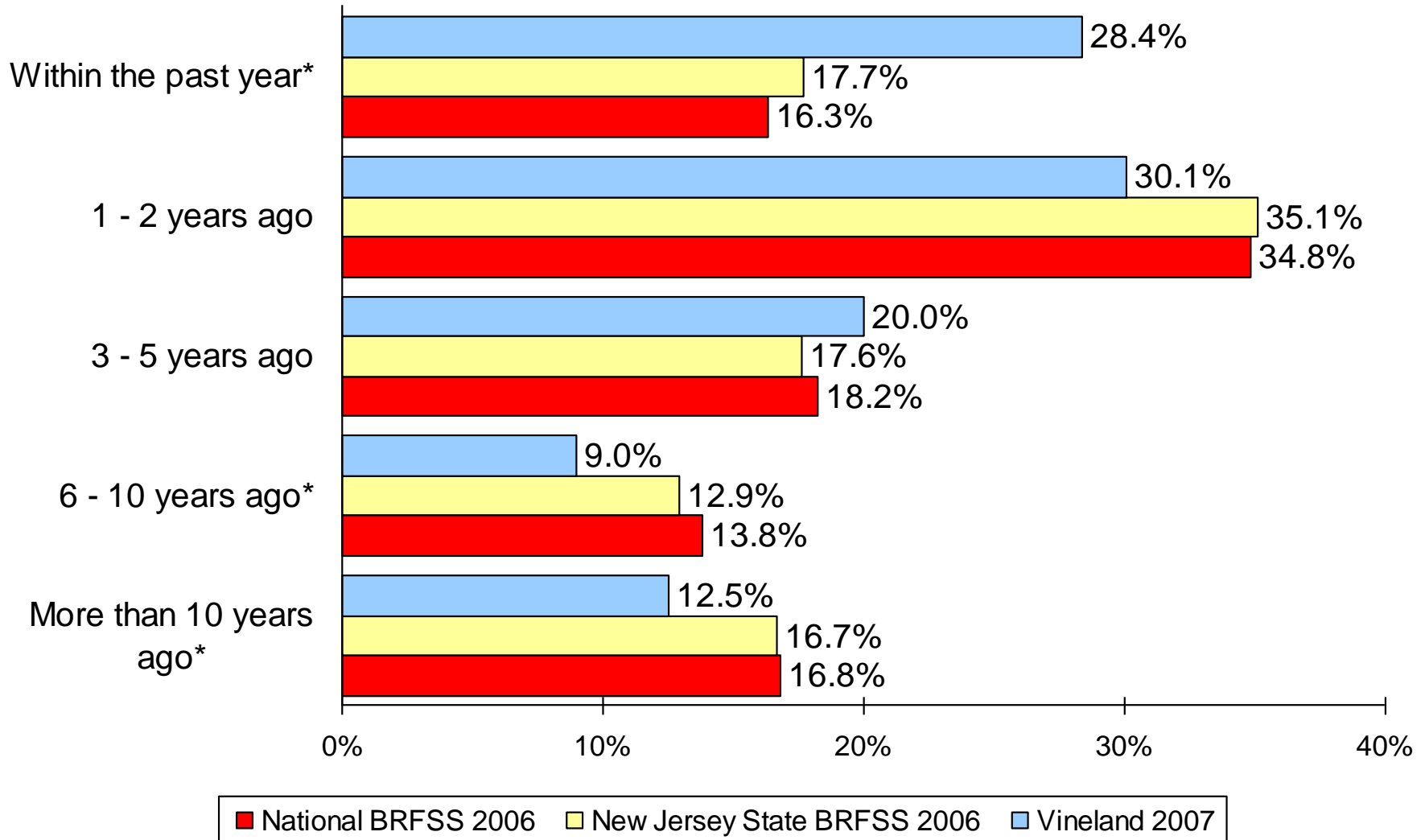
HIV/AIDS

Have you ever been tested for HIV?



*Note: Vineland is significantly different from New Jersey and National comparisons.

Not including blood donations, how long has it been since you had your last HIV test?



*Note: Vineland is significantly different from New Jersey and National comparisons.

Statistically Significant Differences By Gender

HIV/AIDS

- Women are more likely to report having been tested for HIV.